

# TOP 10 FEMMINILE 1988-2023

## CORSE

30 m					
PF	30	Carabelli Anna	1999	4.86	18-apr-21 Pavia
50 m					
EF	50	<i>Pellicano Caterina</i>	2008	6.91	2-giu-19 Mezzolombardo CSI
JF	50 i	Spagnoli Sara	2001	7.08 i	18-gen-20 Parma
EF	50	<i>Raffaelli Chiara</i>	2008	7.18	2-giu-19 Mezzolombardo CSI
AF	50 i	Galvagnini Sofia	2005	7.25 i	18-dic-21 Parma
JF	50 i	Manzana Aurora	2001	7.58 i	9-feb-19 Parma
EF	50	Oliveri Emma	2005	7.77	26-mag-13 Pergine CSI
EF	50	Frizzera Alessia	2004	7.86	1-mag-15 Trento
AF	50 i	Sannicolò Aurora	2005	7.90 i	18-dic-21 Parma
EF	50	<i>Chiesa Sara</i>	2007	7.78 m	28-mag-17 Trento CSI
EF	50	Zenatti Aurora	2003	8.04	13-ott-13 Rovereto
60 m					
AF	60 i	<b>Pizzato Sofia</b>	<b>2006</b>	<b>7.63 i</b>	<b>29-gen-23 Ancona</b>
JF	60 i	Decarli Gisella	1988	7.97 i	25-feb-07 Genova
AF	60 i	Zenatti Matilde	2000	8.00 i	22-gen-17 Padova
CF	60 i	<b>Pedrotti Beatrice</b>	<b>2009</b>	<b>8.08 i</b>	<b>5-mar-23 Ancona</b>
AF	60 i	Marangoni Michela	1997	8.15 i	20-gen-13 Udine
JF	60 i	Barbiero Alessia	1998	8.15 i	26-feb-17 Modena
JF	60 i	Spagnoli Sara	2001	8.23 i	5-gen-19 Padova
AF	60 i	Zenatti Aurora	2003	8.24 i	1-feb-20 Modena
PF	60 i	Zanivan Stefania	1987	8.25 i	2-feb-08 Modena
AF	60 i	<b>Giacomoni Federica</b>	<b>2006</b>	<b>8.34 i</b>	<b>11-feb-23 Modena</b>
80 m					
CF	80	<b>Pedrotti Beatrice</b>	<b>2009</b>	<b>10.34</b>	<b>15-ott-23 Arco</b>
CF	80	Decarli Gisella	1988	10.35	15-mag-03 Borgo
CF	80	Zenatti Aurora	2003	10.62	3-giu-18 Trento
CF	80	Barbiero Alessia	1998	10.65	2-giu-13 Borgo
CF	80	Marangoni Michela	1997	10.69	22-set-12 Arco
CF	80	Spagnoli Sara	2001	10.74	3-set-16 Mezzano di Primiero
CF	80	<i>Matassoni Giulia</i>	2005	10.78	2-giu-19 Mezzolombardo CSI
CF	80	Scrinzi Federica	1990	10.7	29-mag-05 Borgo
CF	80	Balter Marika	1993	10.97	9-ago-08 Arco
CF	80	Galvagnini Sofia	2005	10.97	28-lug-20 Cles
100 m					
AF	100	<b>Pizzato Sofia</b>	<b>2006</b>	<b>11.72</b>	<b>6-ago-23 Sestriere (TO)</b>
AF	100	Zenatti Matilde	2000	12.51	4-giu-17 Bressanone
AF	100	Decarli Gisella	1988	12.52	5-giu-05 Borgo
PF	100	Zanivan Stefania	1987	12.6	10-giu-07 Trento - CSI
JF	100	Barbiero Alessia	1998	12.86	4-giu-16 Rovereto
JF	100	Marangoni Michela	1997	12.93	9-mag-15 Borgo Valsugana
AF	100	<b>Giacomoni Federica</b>	<b>2006</b>	<b>13.08</b>	<b>23-apr-23 Borgo Valsugana</b>
AF	100	<i>Spagnoli Sara</i>	2001	13.05	7-set-18 Cles CSI
AF	100	Zenatti Aurora	2003	13.07	20-set-20 Borgo Valsugana
AF	100	Galvagnini Sofia	2005	13.15	15-mag-21 Bressanone
150 m					
AF	150	Decarli Gisella	1988	18.9	17-apr-05 Rovereto
PF	150	Zanivan Stefania	1987	19.66	22-apr-07 Rovereto
AF	150	Zenatti Matilde	2000	19.76	22-apr-17 Rovereto
JF	150	Grandi Alessandra	1986	19.6	4-apr-04 Rovereto
AF	150	Marangoni Michela	1997	19.92	20-apr-13 Rovereto
JF	150	Balter Marika	1993	19.99	14-apr-12 Rovereto
CF	150	<b>Pedrotti Beatrice</b>	<b>2009</b>	<b>20.02</b>	<b>23-apr-23 Borgo Valsugana</b>
JF	150	Barbiero Alessia	1998	20.26	22-apr-17 Rovereto
AF	150	Manzana Camilla	2004	20.35	18-apr-21 Rovereto
AF	150	Parisi Giulia	1988	20.2	4-apr-04 Rovereto

200 m					
AF	200	<b>Pizzato Sofia</b>	<b>2006</b>	<b>24.39</b>	<b>14-mag-23</b> <b>Bolzano</b>
AF	200	Zenatti Matilde	2000	25.59	24-mag-17 Bolzano
JF	200	Decarli Gisella	1988	26.01	18-giu-06 Trento
PF	200	Zanivan Stefania	1987	26.1	11-mag-07 Trento
JF	200	Grandi Alessandra	1986	26.74	16-mag-04 Rovereto
JF	200	Marangoni Michela	1997	26.74	7-giu-15 Rovigo
JF	<b>200</b>	<b>Galvagnini Sofia</b>	<b>2005</b>	<b>27.03</b>	<b>21-lug-23</b> <b>Grosseto</b>
AF	<b>200</b>	<b>Giacomoni Federica</b>	<b>2006</b>	<b>27.20</b>	<b>27-mag-23</b> <b>Pergine Valsugana</b>
AF	200	Spagnolli Sara	2001	27.33	12-set-18 Trento
JF	200	Balter Marika	1993	27.42	20-mag-12 Trento
300 m					
CF	300	Canali Roberta	1982	42.6	30-giu-96 Fidenza
AF	300	Zenatti Matilde	2000	42.87	17-apr-16 Rovereto
AF	300	Decarli Gisella	1988	43.1	4-apr-04 Rovereto
JF	300	Grandi Alessandra	1986	43.2	4-apr-04 Rovereto
CF	<b>300</b>	<b>Pedrotti Beatrice</b>	<b>2009</b>	<b>43.50</b>	<b>14-ago-23</b> <b>Pergine Valsugana (C)</b>
CF	300	Canali Lorenza	1984	43.8	30-mag-99 Pergine
JF	300	Graiff Silvia	1988	44.3	9-apr-06 Rovereto
AF	300	Manzana Camilla	2004	44.55	18-apr-21 Rovereto
CF	<b>300</b>	<b>Della Puppa Silvia</b>	<b>2009</b>	<b>44.56</b>	<b>20-mag-23</b> <b>Cles</b>
CF	300	Zenatti Aurora	2003	44.65	22-giu-18 Trento
400 m					
JF	400	Canali Lorenza	1984	58.71	22-giu-02 Rovereto
JF	400	Canali Roberta	1982	59.91	3-giu-00 Brunico
AF	400	Monsorno Elisa	1984	1:00.50	14-giu-00 Pergine
AF	400	Zenatti Matilde	2000	1:00.97	26-mag-16 Modena
JF	400	Grandi Alessandra	1986	1:01.01	30-mag-04 Bressanone
PF	<b>400</b>	<b>Bottanelli Lisa</b>	<b>2003</b>	<b>1:01.26</b>	<b>23-apr-23</b> <b>Borgo Valsugana</b>
SF	400	Scrinzi Federica	1990	1:01.29	17-set-16 Arco
JF	400	Graiff Silvia	1988	1:01.34	17-giu-06 Trento
SF	400	Chiusole Veronica	1972	1:01.53	11-mag-96 Trento
AF	400	Galvagnini Sofia	2005	1:02.06	2-ott-21 Brescia
500 m					
EF	500	<i>Matassoni Nicol</i>	2013	1:52.00	6-ago-22 <i>Masen di Giovo (CSI)</i>
EF	500	<i>Marini Alice</i>	2014	1:57.00	6-ago-22 <i>Masen di Giovo (CSI)</i>
EF	500	<i>Barozzi Aurora</i>	2011	2:08.00	6-ago-22 <i>Masen di Giovo (CSI)</i>
600 m					
JF	600	Canali Lorenza	1984	1:37.8	13-apr-03 Rovereto
SF	600	Scrinzi Federica	1990	1:38.65	26-apr-15 Trento
JF	600	Bottanelli Lisa	2003	1:41.21	18-apr-21 Rovereto
CF	600	Canali Roberta	1982	1:41.4	19-mag-96 Rovereto
AF	600	Monsorno Elisa	1984	1:42.4	28-mag-00 Trento
AF	600	Graiff Silvia	1988	1:44.07	4-apr-04 Rovereto
CF	<b>600</b>	<b>Della Puppa Silvia</b>	<b>2009</b>	<b>1:44.16</b>	<b>7-mag-23</b> <b>Arco</b>
JF	600	Cont Cumy	1996	1:44.41	26-apr-15 Trento
RF	600	Tava Barbara	1982	1:44.7	24-set-95 Trento
RF	600	Zenatti Matilde	2000	1:44.98	23-lug-13 Trento
800 m					
SF	800	Scrinzi Federica	1991	2:12.45	4-giu-17 Gavardo (BS)
JF	800	Canali Lorenza	1984	2:14.16	21-set-02 Pergine
SF	800	Chiusole Veronica	1972	2:14.53	5-lug-96 Trento
SF	800	El Adel Sakina	1996	2:15.20	15-mag-22 Rovereto
JF	800	Canali Roberta	1982	2:16.21	10-giu-01 Nove (VI)
JF	800	Bottanelli Lisa	2003	2:17.17	15-mag-22 Rovereto
PF	800	Tava Barbara	1982	2:17.4	29-lug-03 Trento
AF	800	Monsorno Elisa	1985	2:22.43	28-mag-00 Trento
AF	800	Graiff Silvia	1988	2:22.85	4-set-04 Cles
AF	800	Cont Cumy	1996	2:26.10	5-lug-13 Rovereto

1.000 m						
SF	1000	Chiusole Veronica	1972	3:04.3	_/_/1996	_____
CF	1000	Tava Barbara	1982	3:07.3	20-apr-97	Arco
AF	1000	Scrinzi Federica	1990	3:09.97	_/05/2007	Trento
CF	1000	Canali Roberta	1982	3:10.0	8-set-96	Trento
CF	<b>1000</b>	<b>Della Puppa Silvia</b>	<b>2009</b>	<b>3:11.12</b>	<b>15-ott-23</b>	<b>Arco</b>
JF	1000	Costa Veronica	1990	3:12.5	22-mag-09	Trento GSS
CF	1000	El Adel Sakina	1996	3:16.51	28-mag-11	Borgo
CF	1000	Bottanelli Lisa	2003	3:17.60	17-lug-18	Trento
AF	1000	Cont Cumy	1996	3:18.90	9-mag-13	Rovereto GSS
AF	1000	Graiff Silvia	1988	3:19.0	4-mag-04	Trento
1.200 m						
CF	1200	Tava Stefania	1985	4:01.2	4-giu-00	Trento
RF	1200	Tava Barbara	1982	4:01.9	_/_/1995	_____
CF	1200	Osele Giorgia	1986	4:03.44	24-set-00	Bolzano
CF	1200	Tartarotti Cinzia	1975	4:04.9	_/_/1989	_____
CF	1200	Pancheri Enrica	1986	4:05.83	16-set-01	Bolzano
CF	1200	Braito Anita	1983	4:18.3	4-ott-98	Borgo
CF	1200	Bottanelli Lisa	2003	4:21.80	23-set-18	Borgo Valsugana
CF	1200	Grandi Alessandra	1986	4:25.2	31-lug-01	Trento
RF	1200	Maffei Martina	2009	4:27.23	7-mag-22	Trento
RF	1200	Della Puppa Silvia	2009	4:27.98	7-mag-22	Trento
1.500 m						
SF	1500	Scrinzi Federica	1990	4:31.87	1-giu-17	Ponzano Veneto (TV)
PF	1500	Tava Barbara	1982	4:34.19	21-ago-03	Cles
SF	<b>1500</b>	<b>El Adel Sakina</b>	<b>1996</b>	<b>4:37.04</b>	<b>1-set-23</b>	<b>Cernusco sul Naviglio</b>
SF	1500	Chiusole Veronica	1972	4:41.2	19-mag-96	Rovereto
JF	1500	Canali Lorenza	1984	4:43.3	22-lug-03	Trento
JF	1500	Bottanelli Lisa	2003	4:46.32	12-lug-22	Trento
SF	1500	Chiesa Michela	1972	4:51.4	4-ago-98	Trento
SF	1500	Giordani Monica	1974	4:52.3	5-ago-97	Trento
JF	1500	Canali Roberta	1982	4:57.6	1-ago-00	Trento
SF	1500	Rosa' Alessandra	1975	4:59.70	26-lug-02	Pergine
1 miglio						
JF	1 miglio	Bottanelli Lisa	2003	5:20.14	4-set-22	Correggio (RE)
2.000 m						
SF	<b>2000</b>	<b>El Adel Sakina</b>	<b>1996</b>	<b>6:36.08</b>	<b>16-apr-23</b>	<b>Rovereto</b>
AF	2000	Tava Barbara	1982	6:40.0	17-apr-99	Rovereto
SF	2000	Chiusole Veronica	1972	6:40.2	7-apr-01	Rovereto
SF	2000	Chiesa Michela	1972	6:40.3	17-apr-99	Rovereto
PF	2000	Scrinzi Federica	1990	6:55.27	14-apr-12	Rovereto
CF	2000	Cortese Federica	1990	7:09.2	8-mag-05	Trento
AF	2000	Monsorno Elisa	1984	7:09.8	7-apr-01	Rovereto
SF	2000	Pedri Silvia	1978	7:11.28	5-apr-09	Trento
AF	2000	Costa Veronica	1990	7:12.2	9-apr-06	Rovereto
CF	2000	Tava Stefania	1985	7:12.5	20-mag-00	Rovereto
3.000 m						
SF	<b>3000</b>	<b>El Adel Sakina</b>	<b>1996</b>	<b>9:57.31</b>	<b>24-set-23</b>	<b>Bressanone (BZ)</b>
PF	3000	Tava Barbara	1982	9:57.5	5-ago-03	Trento
SF	3000 i	Scrinzi Federica	1990	10:04.31 i	18-feb-18	Ancona
SF	3000	Chiusole Veronica	1972	10:33.4	10-set-98	Brescia
SF	3000	Giordani Monica	1974	10:37.9	29-lug-97	Trento
SF	3000	Chiesa Michela	1972	10:44.7	28-lug-98	Trento
JF	3000	Canali Lorenza	1984	10:47.8	5-ago-03	Trento
CF	3000	Tartarotti Cinzia	1975	10:48.4	23-set-90	Rovereto
AF	3000	Monsorno Elisa	1984	10:49.56	10-giu-01	Nove (VI)
JF	3000	Bottanelli Lisa	2003	11:03.36	26-lug-22	Trento
2 miglia						
SF	2 miglia	El Adel Sakina	1996	11:25.59	28-ago-21	Arco

**5.000 m**

PF	5000	Scrinzì Federica	1990	17:41.83	31-lug-12	Trento
PF	5000	Tava Barbara	1982	17:44.0	30-lug-02	Trento
SF	5000	<b>El Adel Sakina</b>	<b>1996</b>	<b>17:47.82</b>	<b>14-mag-23</b>	<b>Bolzano</b>
SF	5000	Chiusole Veronica	1972	17:52.27	19-mag-02	Pergine
SF	5000	Chiesa Michela	1972	18:25.3	18-ago-98	Trento
SF	5000	Pedri Silvia	1978	18:51.67	17-mag-09	Trento
SF	5000	Giordani Monica	1974	19:19.76	11-mag-97	Rovereto
SF	5000	Scottini Giorgia	1985	19:29.75	27-set-15	Rovereto
SF40	5000	Dossi Marcellina	1962	19:45.7	29-lug-03	Trento
SF40	5000	Stedile Katia	1965	20:07.9	26-lug-05	Trento

**10.000 m**

SF	10000	El Adel Sakina	1996	38:24.94	10-apr-22	Correggio (RE)
SF	10000	Pedri Silvia	1978	39:29.54	10-mag-09	Rubiera - RE
SF	10000	Giordani Monica	1974	40:03.8	25-apr-98	Conegliano
SF	10000	Chiesa Michela	1972	41:20.8	20-apr-97	Bolzano

**OSTACOLI E SIEPI****40 hs - h 0.50**

EF	40 hs (0.50)	Manzana Sonia	1993	10.1	26-set-04	Cles
EF	40 hs (0.50)	Marzadro Virginia	1998	11.48	10-mag-09	Trento

**50 hs - h 0.50**

EF	50 hs (0.50)	Zenatti Aurora	2003	10.11	22-giu-13	Cles
EF	50 hs (0.50)	Frizzera Alessia	2004	10.44	19-ott-14	Tione
EF	50 hs (0.50)	Bruschetti Livia	2004	10.53	19-ott-14	Tione
EF	50 hs (0.50)	Chiesa Aurora	2004	10.59	19-ott-14	Tione
EF	50 hs (0.50)	El Adel Majda	2002	10.72	22-giu-13	Cles
EF	50 hs (0.50)	Manica Marica	2004	10.86	19-ott-14	Tione
EF	50 hs (0.50)	Franceschi Matilde	2004	11.23	19-ott-14	Tione
EF	50 hs (0.50) i	Vescovi Alessandra	2001	12.34 i	21-gen-12	Pergine
EF	50 hs (0.50) i	Marzadro Virginia	1998	13.63 i	9-feb-08	Pergine
EF	50 hs (0.50) i	Mangiapelo Gaia	1997	15.25 i	9-feb-08	Pergine

**50 hs - h 0.76 i**

AF	50 hs (0.76) i	Galvagnini Sofia	2005	8.28 i	18-dic-21	Parma
AF	50 hs (0.76) i	Sannicolò Aurora	2005	9.11 i	18-dic-21	Parma

**60 hs - h 0.50**

RF	60 hs (0.50)	Giordani Alessia	1995	10.3	4-apr-08	Arco zonali
RF	60 hs (0.50)	Eccheli Irene	1995	12.0	4-apr-08	Arco zonali

**60 hs - h 0.60 - 7.5m**

RF	60 hs (0.60) 7.5m	Zenatti Matilde	2000	8.8	9-giu-13	Borgoricco (PD)
RF	60 hs (0.60) 7.5m	Barbiero Alessia	1998	9.90 i	12-mar-11	Pergine
RF	60 hs (0.60) 7.5m	Parisi Giulia	1988	9.7	12-mag-01	Pergine
RF	60 hs (0.60) 7.5m	Pedrotti Beatrice	2009	10.02	11-giu-22	Trento
RF	60 hs (0.60) 7.5m	Peterlini Giulia	1999	9.9	10-giu-12	Belluno
RF	60 hs (0.60) 7.5m	<i>Galvagnini Sofia</i>	<i>2005</i>	<i>10.20</i>	<i>8-set-18</i>	<i>Cles CSI</i>
RF	60 hs (0.60) 7.5m	Zenatti Aurora	2003	10.36	10-set-16	Rovereto (CSI)
RF	60 hs (0.60) 7.5m	Sannicolò Aurora	2005	10.54	19-mag-18	Trento
RF	60 hs (0.60) 7.5m	Fogolari Giulia	1989	10.4	12-mag-02	Arco
RF	60 hs (0.60) 7.5m	Cofler Alice	1999	10.65	5-mag-12	Cles

**60 hs - h 0.76 - 8.0 m**

CF	60 hs (0.76) 8.0m i	Barbiero Alessia	1998	9.39 i	10-mar-13	Modena
CF	60 hs (0.76) 8.0m i	Marangoni Michela	1997	9.47 i	18-mar-12	Modena
SF40	60 hs (0.76) 8.0m i	Piconese Tiziana	1966	9.91 i	7-feb-08	Mantova
CF	60 hs (0.76) 8.0m i	Cofler Alice	1999	10.02 i	2-mar-14	Ancona
CF	60 hs (0.76) 8.0m i	Sannicolò Aurora	2005	10.71 i	9-feb-20	Parma
CF	60 hs (0.76) 8.0m i	Sordo Valeria	1998	10.91 i	11-feb-12	Pergine
CF	60 hs (0.76) 8.0m i	Giordani Alessia	1995	10.93 i	14-mar-10	Modena
CF	60 hs (0.76) 8.0m i	Spagnolli Sara	2001	11.02 i	30-gen-16	Pergine Valsugana
CF	60 hs (0.76) 8.0m i	Galvagnini Sofia	2005	11.09 i	24-feb-19	Padova
CF	60 hs (0.76) 8.0m i	Massaro Francesca	1998	12.91 i	11-feb-12	Pergine

60 hs - h 0.76 - 8.5m						
AF	60 hs (0.76) 8.5m i	<b>Pizzato Sofia</b>	<b>2006</b>	<b>8.23 i</b>	<b>12-feb-23</b>	<b>Ancona</b>
AF	60 hs (0.76) 8.5m i	Barbiero Alessia	1998	9.33 i	16-feb-14	Ancona
AF	60 hs (0.76) 8.5m i	Marangoni Michela	1997	9.44 i	26-gen-14	Udine
AF	60 hs (0.76) 8.5m i	Spagnolli Sara	2001	9.75 i	3-feb-18	Padova
AF	60 hs (0.76) 8.5m i	Cofler Alice	1999	9.89 i	28-feb-16	Modena
AF	60 hs (0.76) 8.5m i	<b>Bertolini Sofia</b>	<b>2007</b>	<b>10.27 i</b>	<b>21-gen-23</b>	<b>Parma</b>
AF	60 hs (0.76) 8.5m i	Dallaporta Lara	1999	10.38 i	10-gen-16	Padova
AF	60 hs (0.76) 8.5m i	Ciech Virginia	2004	10.38 i	31-gen-21	Padova
AF	60 hs (0.76) 8.5m i	Galvagnini Sofia	2005	10.41 i	21-feb-21	Padova
AF	60 hs (0.76) 8.5m i	Raoss Viola	1999	11.65 i	23-gen-15	Padova
60 hs - 0.84 - 8.5m						
JF	60 hs (0.84) 8.5m i	<b>Galvagnini Sofia</b>	<b>2005</b>	<b>9.78 i</b>	<b>11-mar-23</b>	<b>Padova</b>
JF	60 hs (0.84) 8.5m i	Balter Marika	1993	10.02 i	21-gen-12	Pergine
80 hs - 0.60 - 7.5m						
RF	80 hs (0.60) 7.5m	Giordani Alessia	1995	14.1	6-mag-08	Trento GSS
CF	80 hs (0.60) 7.5m	Vescovi Arianna	1996	14.6	13-mag-10	Trento GSS
80 hs - h 0.76 - 7.5m						
RF	80 hs (0.76) 8.0m	<b>Zandonai Heloise</b>	<b>2010</b>	<b>15.01</b>	<b>11-mag-23</b>	<b>Rovereto GSS</b>
CF	80 hs (0.76) 7.5m	Barbiero Alessia	1998	13.00	29-mag-12	Roma GSS
80 hs - h 0.76 - 8.0m						
CF	80 hs (0.76) 8.0m	Barbiero Alessia	1998	12.28	20-ott-12	Rovereto
CF	80 hs (0.76) 8.0m	Zenatti Aurora	2003	12.59	6-ott-18	Rieti
CF	80 hs (0.76) 8.0m	Marangoni Michela	1997	12.81	20-ott-12	Rovereto
CF	80 hs (0.76) 8.0m	Galvagnini Sofia	2005	13.19	20-set-20	Borgo Valsugana
CF	80 hs (0.76) 8.0m	Cofler Alice	1999	13.29	21-giu-14	Cles
CF	80 hs (0.76) 8.0m	Parisi Giulia	1988	13.32	22-giu-03	Fidenza
CF	80 hs (0.76) 8.0m	Spagnolli Sara	2001	13.41	17-set-16	Arco
CF	80 hs (0.76) 8.0m	Bertolini Sofia	2007	13.52	10-set-22	Cles
CF	80 hs (0.76) 8.0m	Scrinzi Federica	1990	13.55	7-ott-05	Bisceglie (BA)
SF45	80 hs (0.76) 8.0m	Piconese Tiziana	1966	13.65	22-giu-11	Lana
100 hs - 0.76 - 8.0m						
AF	100 hs (0.76) 8.0m	Nobili Sheena	1991	17.6	22-mag-08	Trento GSS
AF	100 hs (0.76) 8.0m	Modena Angelica	1991	18.3	22-mag-08	Trento GSS
100 hs - h 0.76 - 8.5m						
AF	100 hs (0.76) 8.5m	<b>Pizzato Sofia</b>	<b>2007</b>	<b>13.34</b>	<b>28-lug-23</b>	<b>Maribor (SLO)</b>
AF	100 hs (0.76) 8.5m	Barbiero Alessia	1998	15.35	22-giu-14	Rieti
AF	100 hs (0.76) 8.5m	Cofler Alice	1999	15.86	31-mag-15	Borgo Valsugana
AF	100 hs (0.76) 8.5m	Galvagnini Sofia	2005	16.16	15-mag-21	Bressanone
CF	100 hs (0.76) 8.5m	Marangoni Michela	1997	16.03m	9-mag-12	Pergine GSS
AF	100 hs (0.76) 8.5m	<b>Bertolini Sofia</b>	<b>2007</b>	<b>16.35</b>	<b>1-lug-23</b>	<b>Bovolone (VR)</b>
AF	100 hs (0.76) 8.5m	Grandi Stefania	1986	16.85	19-mag-02	Bressanone
AF	100 hs (0.76) 8.5m	Ciech Virginia	2005	16.91	15-mag-21	Bressanone
AF	100 hs (0.76) 8.5m	Balter Marika	1993	17.04	5-apr-09	Trento
CF	100 hs (0.76) 8.5m	Raoss Viola	1999	17.62m	14-mag-14	Trento GSS
100 hs - h 0.84 - 8.5m						
AF	100 hs (0.84) 8.5m	<b>Pizzato Sofia</b>	<b>2007</b>	<b>13.83</b>	<b>27-mag-23</b>	<b>Milano</b>
AF	100 hs (0.84) 8.5m	Barbiero Alessia	1998	15.85	27-giu-14	Rovereto
JF	100 hs (0.84) 8.5m	Balter Marika	1993	16.30	19-mag-12	Trento
AF	100 hs (0.84) 8.5m	Cofler Alice	1999	16.54	21-mag-16	Agordo (BL)
JF	100 hs (0.84) 8.5m	<b>Galvagnini Sofia</b>	<b>2005</b>	<b>16.69</b>	<b>1-lug-23</b>	<b>Bovolone (VR)</b>
AF	100 hs (0.84) 8.5m	Marangoni Michela	1997	16.94	11-mag-13	Bressanone
JF	100 hs (0.84) 8.5m	Zenatti Aurora	2003	17.96	29-mag-21	Cles
JF	100 hs (0.84) 8.5m	Grandi Stefania	1986	18.36	24-mag-04	Mezzolombardo
PF	100 hs (0.84) 8.5m	Comper Deborah	1993	20.33	10-mag-14	Trento
JF	100 hs (0.84) 8.5m	Simoncelli Anna	1996	23.89	10-mag-14	Trento
200 hs - h 0.60						
RF	200 hs (0.60)	Galvagnini Sofia	2005	34.17	21-apr-18	Trento
RF	200 hs (0.60)	Galvagnini Drita	2009	35.83	12-giu-21	Mezzolombardo
RF	200 hs (0.60)	Parisi Vera	2003	42.36	24-apr-16	Cles
200 hs - h 0.76 - 18.29m						
AF	200 hs (0.76) 18.29m	Barbiero Alessia	1998	31.75	12-apr-14	Rovereto
CF	200 hs (0.76) 18.29m	Parisi Giulia	1988	33.2	27-apr-02	Arco
CF	200 hs (0.76) 18.29m	Scrinzi Federica	1990	33.7	5-set-05	Cles
CF	200 hs (0.76) 18.29m	Marangoni Michela	1997	34.57	21-apr-12	Trento
CF	200 hs (0.76) 18.29m	Cont Cumy	1996	34.72	24-set-11	Trento
CF	200 hs (0.76) 18.29m	Cofler Alice	1999	35.94	13-apr-13	Pergine
CF	200 hs (0.76) 18.29m	Maffei Angela	1998	36.25	13-apr-13	Pergine
CF	200 hs (0.76) 18.29m	Baroni Chiara	1998	36.64	13-apr-13	Pergine
CF	200 hs (0.76) 18.29m	Giordani Alessia	1995	37.26	10-apr-10	Trento

**300 hs - h 0.76**

CF	300 hs (0.76)	Canali Roberta	1982	46.7	24-mag-97	Trento
CF	300 hs (0.76)	Parisi Giulia	1988	48.5	1-giu-03	Laives
AF	300 hs (0.76)	Scrinzi Federica	1990	48.6	22-apr-07	Rovereto
CF	300 hs (0.76)	Zenatti Aurora	2003	49.05	20-mag-18	Trento
CF	300 hs (0.76)	Modena Angelica	1991	50.7	1-mag-05	Cles
CF	300 hs (0.76)	Barbiero Alessia	1998	51.05	27-mag-12	Borgo Valsugana
CF	300 hs (0.76)	Grandi Stefania	1986	52.18	27-mag-01	Bolzano
CF	300 hs (0.76)	Zandonai Michela	2004	52.32	8-giu-19	Mezzolombardo
CF	300 hs (0.76)	Cont Cumy	1996	52.33	28-mag-11	Borgo
CF	300 hs (0.76)	Baroni Chiara	1998	52.65	21-set-13	Trento

**400 hs - h 0.76**

SF	400 hs (0.76)	Chiusole Veronica	1972	1:07.06	1-set-96	Rovereto
JF	400 hs (0.76)	Scrinzi Federica	1990	1:08.73	6-lug-08	Trento
AF	400 hs (0.76)	Parisi Giulia	1988	1:09.92	23-giu-04	Lana
JF	400 hs (0.76)	Canali Roberta	1982	1:10.04	17-set-00	Laives
AF	400 hs (0.76)	Cont Cumy	1996	1:10.63	12-mag-13	Bressanone
JF	400 hs (0.76)	Grandi Stefania	1986	1:12.21	23-mag-04	Verona
AF	400 hs (0.76)	<b>Andreolli Maria</b>	<b>2007</b>	<b>1:12.41</b>	<b>1-mag-23</b>	<b>Rovereto</b>
AF	400 hs (0.76)	Nobili Sheena	1991	1:13.23	4-mag-08	Cles
JF	400 hs (0.76)	Zenatti Aurora	2003	1:13.64	15-mag-22	Rovereto
AF	400 hs (0.76)	Modena Angelica	1991	1:13.79	17-mag-09	Trento

**1.000 st (0.76) S.R.**

CF	1200 st (0.76) S.R.	Bottanelli Lisa	2003	4:21.80	23-set-18	Borgo Valsugana
CF	1200 st (0.76) S.R.	<b>Della Puppa Silvia</b>	<b>2009</b>	<b>4:23.28</b>	<b>21-mag-23</b>	<b>Cles</b>

**2.000 st**

SF	2000 st	Scrinzi Federica	1990	7:06.01	24-ago-17	Cles
AF	2000 st	Cont Cumy	1996	7:21.85	5-ott-13	Iesolo

**3.000 st**

SF	3000 st	Scrinzi Federica	1990	10:48.12	20-lug-14	Rovereto
JF	3000 st	Cont Cumy	1996	11:56.65	13-giu-15	Rieti

**SALTI****Alto**

AF	alto	Avancini Daniela	1983	1.65	3-set-00	Trento
JF	alto	Dallaporta Lara	1999	1.65	22-apr-17	Rovereto
SF40	alto i	Piconese Tiziana	1966	1.64 i	9-feb-08	Padova
AF	alto	<b>Bertolini Sofia</b>	<b>2007</b>	<b>1.63</b>	<b>10-giu-23</b>	<b>Bolzano</b>
JF	alto	<b>Galvagnini Sofia</b>	<b>2005</b>	<b>1.56</b>	<b>21-lug-23</b>	<b>Grosseto</b>
CF	alto	<b>Pedrotti Beatrice</b>	<b>2009</b>	<b>1.55</b>	<b>17-giu-23</b>	<b>Pergine Valsugana</b>
AF	alto	Fondriest Silvia	1988	1.55	23-mag-04	Pergine
AF	alto	Cofler Alice	1999	1.55	9-mag-15	Borgo Valsugana
AF	alto	Ciech Virginia	2004	1.54	5-ago-20	Rovereto
CF	alto	Bisoffi Martina	1986	1.51	2-ott-01	Isernia

**Asta**

SF	asta	Sanchez Ferrer Maryoris	1985	3.30	29-giu-12	Rovereto
AF	asta	Dallaporta Lara	1999	3.20	17-giu-16	Jesolo (VE)
JF	asta	<b>Galvagnini Sofia</b>	<b>2005</b>	<b>2.90</b>	<b>16-apr-23</b>	<b>Rovereto</b>
SF50	asta	Piconese Tiziana	1966	2.85	8-mag-16	Rovereto
AF	asta	Martini Sara	1998	2.50	14-apr-15	Rovereto

**Lungo**

JF	lungo	<b>Galvagnini Sofia</b>	<b>2005</b>	<b>5.62</b>	<b>24-set-23</b>	<b>Bressanone (BZ)</b>
SF	lungo	Sanchez Ferrer Maryoris	1985	5.50	10-mag-15	Borgo Valsugana
AF	lungo	Spagnoli Sara	2001	5.39	28-apr-18	Bolzano
AF	lungo	Ciech Virginia	2004	5.23	2-mag-21	Rovereto
AF	lungo i	Balter Marika	1993	5.21 i	7-feb-09	Pergine
JF	lungo	Dallaporta Lara	1999	5.15	24-ago-17	Cles
AF	lungo	<b>Bertolini Sofia</b>	<b>2007</b>	<b>5.07</b>	<b>21-mag-23</b>	<b>Cles</b>
CF	lungo	<b>Pedrotti Beatrice</b>	<b>2009</b>	<b>5.03</b>	<b>20-ago-23</b>	<b>Lana (BZ)</b>
AF	lungo	<b>Campolongo Sara</b>	<b>2007</b>	<b>4.98</b>	<b>11-giu-23</b>	<b>Bolzano</b>
JF	lungo	Bisoffi Martina	1986	4.96	16-mag-04	Rovereto

**Triplo**

SF	triplo	Sanchez Ferrer Maryoris	1985	13.20	26-giu-16	Rieti
AF	triplo	<b>Bertolini Sofia</b>	<b>2007</b>	<b>11.36</b>	<b>15-giu-23</b>	<b>Verona</b>
JF	triplo	Spagnolli Sara	2001	11.06	11-mag-19	Bolzano
AF	triplo i	Balter Marika	1993	10.95 i	1-feb-09	Padova
JF	triplo	Bisoffi Martina	1986	10.81	15-mag-04	Rovereto
SF45	triplo	Piconese Tiziana	1966	10.75	5-giu-13	Cles
AF	triplo	Galvagnini Sofia	2005	10.41	12-set-21	Merano
AF	triplo	Sannicolò Aurora	2005	10.17	25-apr-21	Trento
CF	triplo	Cofler Alice	1999	9.95	24-mag-14	Trento
PF	triplo	Zanivan Stefania	1987	9.42	19-mag-07	Pergine

**LANCI****Peso kg.2**

RF	peso kg.2	Chiusole Laura	2002	10.81	17-mag-15	Trento
RF	peso kg.2	Galvagnini Drita	2009	10.47	21-mag-22	Mezzolombardo
RF	peso kg.2	Ignazzito Chiara	1998	10.53	2-ott-11	Verona
RF	peso kg.2	<b>Alberti Gaia</b>	<b>2010</b>	<b>10.48</b>	<b>29-lug-23</b>	<b>Masen di Giovo (CSI)</b>
RF	peso kg.2	Parisi Vera	2003	10.19	12-giu-16	Trento (CSI)
RF	peso kg.2	Ganassini Karoline	1998	9.62	22-giu-11	Cles
RF	peso kg.2	Nave Giorgia	1990	9.58	11-ott-03	Rovereto
RF	peso kg.2	Massari Elisa	1986	9.39	17-giu-99	Dimaro
RF	peso kg.2	Gamene Aida	2004	9.21	14-lug-17	Mezzolombardo
RF	peso kg.2	Michelon Francesca	1995	9.12	1-giu-08	Tione - VITT CSI

**Peso kg.3**

AF	peso kg.3	Ganassini Karoline	1998	11.38	2-ago-14	Udine
AF	peso kg.3	<b>Pizzato Sofia</b>	<b>2006</b>	<b>10.88</b>	<b>10-giu-23</b>	<b>Bolzano</b>
AF	peso kg.3	Spagnolli Sara	2001	10.35	15-apr-18	Rovereto
CF	peso kg.3	Pedri Silvia	1978	10.08	25-ott-92	Trento
CF	peso kg.3	Cavagna Viviana	1981	9.88	6-ago-96	Trento
CF	peso kg.3 i	Ignazzito Chiara	1998	9.36 i	2-feb-13	Schio
SF50	peso kg.3 i	Piconese Tiziana	1966	9.34 i	13-feb-16	Padova
AF	peso kg.3	Peterlini Martina	1997	9.33	4-mag-13	Bolzano
CF	peso kg.3	Pellegrino Roberta	1990	9.22	17-set-05	Bolzano
CF	peso kg.3	Ballardi Elisa	1988	9.13	12-apr-03	Arco

**Peso kg.4**

JF	peso kg.4	Pellegrino Roberta	1990	12.13	5-set-09	Chiuro (So)
JF	peso kg.4	Pedri Silvia	1978	11.01	11-mag-96	Trento
AF	peso kg.4	Ganassini Karoline	1998	9.79	17-mag-14	Bressanone
AF	peso kg.4	Canevari Silvia	1984	9.53	9-giu-01	Gorizia
AF	peso kg.4	Spagnolli Sara	2001	8.78	2-set-17	Mezzano
PF	peso kg.4	Fasanelli Silvia	1985	8.76	25-ago-05	Cles
AF	peso kg.4	Cavagna Viviana	1981	8.55	8-giu-97	Borgo
AF	peso kg.4	Ballardi Elisa	1988	8.47	19-set-04	Bolzano
SF45	peso kg.4	Piconese Tiziana	1966	8.47	16-apr-11	Rovereto
SF	peso kg.4	Azzolini Michela	1977	8.13	21-apr-01	Trento

**Disco kg.1**

JF	disco kg.1	Pizzini Noemi	1991	34.07	26-mag-10	Trento GSS
PF	disco kg.1	Fasanelli Silvia	1985	33.15	16-mag-05	Bolzano
AF	disco kg.1	Ignazzito Chiara	1998	31.63	11-mag-14	Trento
SF	disco kg.1	Pedri Silvia	1978	31.62	19-mag-02	Pergine
PF	disco kg.1	Sandri Patrizia	1981	31.08	18-mag-03	Bolzano
SF	disco kg.1	Marcolini Romina	1970	30.73	24-mag-98	Borgo
SF	disco kg.1	Pellegrino Roberta	1990	30.40	12-mag-13	Bressanone
PF	disco kg.1	Nave Giorgia	1990	27.29	16-mag-10	Rovereto
CF	disco kg.1	Parisi Vera	2003	26.99	20-mag-18	Trento
AF	disco kg.1	Cavagna Viviana	1981	26.10	20-set-98	Trento

**Martello kg.3**

AF	martello kg.3	Ignazzito Chiara	1998	52.68	2-ago-14	Udine
AF	martello kg.3	Michelon Francesca	1995	44.86	18-set-12	Trento
AF	martello kg.3	Cavagna Viviana	1981	44.59	19-set-98	Cles
CF	martello kg.3	Nave Giorgia	1990	43.37	11-10-2005	Bisceglie (BA)
CF	martello kg.3	Gamene Aida	2004	42.68	19-mag-19	Trento
AF	martello kg.3	Marzadro Emma	1999	41.33	9-giu-16	Mariano Comense (CO)
AF	martello kg.3	Erraiss Yasmin	2000	39.89	24-mag-17	Bolzano
CF	martello kg.3	<b>Galvagnini Drita</b>	<b>2009</b>	<b>39.31</b>	<b>16-set-23</b>	<b>Trento</b>
AF	martello kg.3	Ganassini Karoline	1998	37.93	2-ago-14	Udine
CF	martello kg.3	Pizzini Noemi	1991	36.53	9-set-06	Cles

<b>Martello kg.4</b>					
PF	<i>martello kg.4</i>	Nave Giorgia	1990	51.31	25-feb-12 Lucca
JF	<i>martello kg.4</i>	Ignazzito Chiara	1998	44.93	10-set-16 Bressanone
PF	<i>martello kg.4</i>	Michelon Francesca	1995	44.79	19-lug-15 Pergine
JF	<i>martello kg.4</i>	Pizzini Noemi	1991	44.76	29-mag-10 Bolzano
JF	<i>martello kg.4</i>	Cavagna Viviana	1981	42.45	3-giu-00 Brunico
AF	<i>martello kg.4</i>	Ballardi Elisa	1988	38.14	21-mag-05 Bolzano
AF	<i>martello kg.4</i>	Erraiss Yasmin	2000	35.15	24-giu-17 Bolzano
JF	<i>martello kg.4</i>	Marzadro Emma	1999	34.94	11-feb-17 Modena
PF	<i>martello kg.4</i>	Pedri Silvia	1978	23.94	23-mag-98 Borgo
SF	<i>martello kg.4</i>	Azzolini Michela	1977	23.31	3-giu-01 Rovereto

<b>Giavello gr.300</b>					
RF	<i>giavello gr.300</i>	Osele Giorgia	1986	17.32	30-mag-99 Pergine
RF	<i>giavello gr.300</i>	Massari Elisa	1986	14.22	19-set-99 Trento
RF	<i>giavello gr.300</i>	Fiorini Francesca	1984	10.23	27-mar-99 Trento

<b>Giavello gr.400</b>					
CF	<i>giavello gr.400</i>	Pellegrino Roberta	1990	36.73	7-ott-05 Bisceglie (BA)
CF	<i>giavello gr.400</i>	Raoss Viola	1999	32.28	6-lug-14 Majano
CF	<i>giavello gr.400</i>	Eccheli Irene	1995	32.13	24-mag-09 Pergine
CF	<i>giavello gr.400</i>	Galvagnini Sofia	2005	25.54	20-set-20 Borgo Valsugana
CF	<i>giavello gr.400</i>	Pedri Silvia	1978	24.84	20-ago-92 Cles
CF	<i>giavello gr.400</i>	Grandi Stefania	1986	23.64	21-ott-01 Rovereto
CF	<i>giavello gr.400</i>	Osele Giorgia	1986	23.20	17-set-00 Pergine
CF	<i>giavello gr.400</i>	Bertolini Sofia	2007	22.43	7-mag-22 Trento
CF	<i>giavello gr.400</i>	Marangoni Michela	1997	21.58	23-giu-12 Trento
CF	<i>giavello gr.400</i>	Taraboi Sandra	1986	21.45	21-mag-00 Rovereto

<b>Giavello gr.500</b>					
AF	<i>giavello gr.500</i>	Galvagnini Sofia	2005	27.23	22-ago-21 Lana
AF	<i>giavello gr.500</i>	Raoss Viola	1999	26.46	12-apr-15 Rovereto
AF	<b><i>giavello gr.500</i></b>	<b>Giacomoni Federica</b>	<b>2006</b>	<b>25.31</b>	<b>11-giu-23 Bolzano</b>
AF	<b><i>giavello gr.500</i></b>	<b>Bertolini Sofia</b>	<b>2007</b>	<b>22.07</b>	<b>2-lug-23 Bovolone (VR)</b>
AF	<i>giavello gr.500</i>	Cofler Alice	1999	20.97	24-apr-16 Gorizia
AF	<i>giavello gr.500</i>	Spagnolli Sara	2001	17.71	21-lug-18 Borgo Valsugana CSI
AF	<i>giavello gr.500</i>	Sannicolò Aurora	2005	15.84	2-ott-21 Brescia
AF	<i>giavello gr.500</i>	Ciech Virginia	2004	15.74	22-ago-21 Lana
AF	<i>giavello gr.500</i>	Baroni Celine	1997	12.44	5-mag-13 Bolzano

<b>Giavello Gr.600</b>					
SF	<i>giavello gr.600</i>	Pellegrino Roberta	1990	46.07	5-lug-13 Rovereto
SF	<i>giavello gr.600</i>	Michelon Nadia	1984	30.88	9-mag-08 Borgo
JF	<b><i>giavello gr.600</i></b>	<b>Galvagnini Sofia</b>	<b>2005</b>	<b>30.61</b>	<b>10-set-23 Bressanone (BZ)</b>
SF	<i>giavello gr.600</i>	Marcolini Romina	1970	29.31	24-mag-98 Borgo
PF	<i>giavello gr.600</i>	Sandri Patrizia	1981	28.73	18-mag-03 Bolzano
PF	<i>giavello gr.600</i>	Pedri Silvia	1978	27.07	23-mag-99 Borgo
JF	<i>giavello gr.600</i>	Raoss Viola	1999	24.47	12-set-18 Trento
JF	<i>giavello gr.600</i>	Canevari Silvia	1984	23.31	19-mag-02 Pergine
AF	<i>giavello gr.600</i>	Raoss Viola	1999	23.07	27-giu-15 Lana
AF	<i>giavello gr.600</i>	Spagnolli Sara	2001	21.67	22-lug-17 Tione CSI

<b>Palla Medica Dorsale kg.2</b>					
RF	<i>p.m.d. kg.2</i>	Ignazzito Chiara	1998	10.36	17-apr-11 Arco
RF	<i>p.m.d. kg.2</i>	Pedrotti Valentina	2005	10.29	21-apr-18 Trento
RF	<i>p.m.d. kg.2</i>	Ganassini Karoline	1998	9.75	17-apr-11 Arco
RF	<i>p.m.d. kg.2</i>	Sannicolò Aurora	2005	8.63	7-apr-18 Trento
RF	<i>p.m.d. kg.2</i>	Salvaterra Emma	2006	8.23	8-giu-19 Mezzolombardo
RF	<i>p.m.d. kg.2</i>	Tamburini Fanny	2006	8.20	8-giu-19 Mezzolombardo
RF	<i>p.m.d. kg.2</i>	Cont Cumy	1996	7.81	4-apr-09 Arco
RF	<i>p.m.d. kg.2</i>	Sannicolò Aurora	2005	7.71	9-apr-17 Cles
RF	<i>p.m.d. kg.2</i>	Zambanini Ylenia	1996	7.53	6-giu-09 Trento
RF	<i>p.m.d. kg.2</i>	Barbiero Alessia	1998	7.12	17-apr-11 Arco

<b>Vortex</b>					
RF	<i>vortex</i>	Eccheli Irene	1995	48.40	4-mag-08 Cles
RF	<i>vortex</i>	Barbiero Alessia	1998	39.99	22-giu-11 Cles
RF	<i>vortex</i>	La Rizza Martina	2000	38.41	18-mag-13 Trento
RF	<i>vortex</i>	Ganassini Karoline	1998	38.17	22-giu-11 Cles
RF	<i>vortex</i>	Adami Jennifer	1990	36.52	15-set-02 Trento
RF	<i>vortex</i>	Stenghel Chiara	1989	35.74	8-giu-02 Borgo
RF	<i>vortex</i>	Raoss Viola	1999	35.35	28-apr-12 Pergine
RF	<i>vortex</i>	Marisa Alice	1989	34.48	12-mag-02 Arco
RF	<i>vortex</i>	Andriollo Ilaria	2000	33.82	26-mag-12 Borgo Valsugana
RF	<i>vortex</i>	Ignazzito Chiara	1998	33.56	15-ott-11 Rovereto



**Palla gr.150**

RF	<i>palla gr.150</i>	Gasperotti Angela	1985	40.28	17-mag-98	Borgo
RF	<i>palla gr.150</i>	Galvagnini Sofia	2005	33.37	22-set-18	Bolzano
RF	<i>palla gr.150</i>	Pedri Silvia	1978	32.08	1-set-90	Trento
RF	<i>palla gr.150</i>	Cavagna Viviana	1981	29.74	8-mag-94	Trento
RF	<b><i>palla gr.150</i></b>	<b>Alberti Gaia</b>	<b>2010</b>	<b>29.22</b>	<b>16-set-23</b>	<b>Trento</b>
RF	<i>palla gr.150</i>	Galvagnini Drita	2009	28.64	4-giu-22	Cles
RF	<i>palla gr.150</i>	Canevari Giulia	1984	27.00	20-apr-97	Arco
RF	<i>palla gr.150</i>	Emanuelli Elisa	1981	26.66	8-mag-94	Trento
RF	<i>palla gr.150</i>	Pedrotti Valentina	2005	26.18	14-ott-17	Rovereto
RF	<i>palla gr.150</i>	Franceschi Matilde	2004	26.10	20-mag-17	Trento

**MARCIA****Marcia 800 m.**

RF	<i>marcia 800 m</i>	Massaro Francesca	1998	4:29.60	9-apr-11	Trento
RF	<i>marcia 800 m</i>	Massaro Marika	1998	4:30.19	9-apr-11	Trento
RF	<i>marcia 800 m</i>	Vescovi Emma	1998	4:31.00	9-apr-11	Trento
RF	<i>marcia 800 m</i>	Zambanini Ylenia	1996	5:01.37	6-giu-09	Trento
RF	<i>marcia 800 m</i>	Cont Cumy	1996	5:10.47	6-giu-09	Trento
RF	<i>marcia 800 m</i>	Marzadro Martina	2001	5:15.25	13-apr-14	Cles
RF	<i>marcia 800 m</i>	Marangoni Michela	1997	5:39.85	6-giu-09	Trento
RF	<i>marcia 800 m</i>	Cofler Alice	1999	5:44.54	28-apr-12	Pergine
RF	<i>marcia 800 m</i>	Vescovi Alessandra	2001	5:36.85	13-apr-14	Cles
RF	<i>marcia 800 m</i>	De Nart Silvia	1998	5:51.82	17-apr-11	Arco

**Marcia 1 km**

CF	<i>marcia 1 km</i>	Massaro Marika	1998	5:26.9	19-lug-13	Mezzolombardo CSI
CF	<i>marcia 1 km</i>	Massaro Francesca	1998	5:32.3	19-lug-13	Mezzolombardo CSI
RF	<i>marcia 1 km</i>	Raoss Viola	1999	7:07.10	10-lug-12	Mezzolombardo CSI
RF	<i>marcia 1 km</i>	Jarzynka Daria	2001	8:35.8	19-lug-13	Mezzolombardo CSI

**Marcia 1,2 km**

RF	<i>marcia 1,2 km</i>	Vescovi Emma	1998	7:11.83	3-set-11	Trento
RF	<i>marcia 1,2 km</i>	Massaro Marika	1998	7:16.25	3-set-11	Trento
RF	<i>marcia 1,2 km</i>	Massaro Francesca	1998	7:17.23	3-set-11	Trento

**Marcia 2 km**

CF	<i>marcia 2 km</i>	Massaro Marika	1998	11:07.94	9-giu-13	Fidenza
CF	<i>marcia 2 km</i>	Massaro Francesca	1998	11:30.48	12-set-13	Trento
CF	<i>marcia 2 km</i>	Vescovi Emma	1998	12:25.65	18-mar-12	Modena
RF	<i>marcia 2 km</i>	Marra Carlotta	1990	12:57.3	14-set-03	Arco
CF	<i>marcia 2 km</i>	Bragagna Sabrina	1978	12:59.1	24-set-92	Trento
RF	<i>marcia 2 km</i>	Chiusole Carlotta	1990	13:22.8	11-ott-03	Rovereto
RF	<i>marcia 2 km</i>	Gasperotti Angela	1985	13:33.1	31-mag-98	Trento
RF	<i>marcia 2 km</i>	Vescovi Alessandra	2001	15:21.12	18-mag-13	Trento
EF	<i>marcia 2 km</i>	Zambanini Viviana	1978	15:31.9	_/1989	_____
RF	<i>marcia 2 km</i>	Manzana Sonia	1993	15:33.3	8-mag-05	Trento

**Marcia 3 km**

CF	<i>marcia 3 km</i>	Massaro Marika	1998	17:30.20	12-ott-13	lesolo
CF	<i>marcia 3 km</i>	Gasperotti Angela	1985	18:33.4	27-mar-99	Trento
CF	<i>marcia 3 km</i>	Massaro Francesca	1998	18:38.33	20-apr-13	Rovereto
CF	<i>marcia 3 km</i>	Marra Carlotta	1990	18:59.53	19-set-04	Abano Terme
CF	<i>marcia 3 km</i>	Chiusole Carlotta	1990	19:19.01	17-set-05	Bolzano
CF	<i>marcia 3 km</i>	Azzolini Sara	1989	24:54.0	11-mag-03	Trento

**Marcia 4 km**

AF	<i>marcia 4 km</i>	Emanuelli Elisa	1981	26:02.77	20-set-97	Bolzano
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**Marcia 5 km**

AF	<i>marcia 5 km</i>	Massaro Marika	1998	30:37.18	27-giu-14	Rovereto
PF	<i>marcia 5 km</i>	Emanuelli Elisa	1981	31:28.76	2-giu-01	Rovereto
AF	<i>marcia 5 km</i>	Chiusole Carlotta	1990	32:08.10	27-mag-07	Trento
AF	<i>marcia 5 km</i>	Marra Carlotta	1990	34:26.85	13-mag-06	Trento

**PROVE MULTIPLE**

**Biathlon**

EF	biathlon	Viesi Valentina	1987	994 pt.	13-set-98	Rovereto
EF	biathlon	Zenatti Aurora	2003	851 pt.	17-mag-14	Tione
EF	biathlon	De Santi Alessia	2003	764 pt.	17-mag-14	Tione
EF	biathlon	Parisi Vera	2003	593 pt.	17-mag-14	Tione
EF	biathlon	Pizzini Eleonora	1990	584 pt.	1-apr-00	Rovereto
EF	biathlon	Benedetti Giulia	2003	514 pt.	17-mag-14	Tione
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RF	biathlon	Pedrotti Beatrice	2009	1475 pt.	21-mag-22	Mezzolombardo
RF	biathlon	Della Puppa Silvia	2009	1413 pt.	9-apr-22	Trento
RF	biathlon	Galvagnini Sofia	2005	1382 pt.	21-apr-18	Trento
RF	biathlon	Galvagnini Drita	2009	1332 pt.	21-mag-22	Mezzolombardo
RF	<b>biathlon</b>	<b>Zandonai Heloise</b>	<b>2010</b>	<b>1305 pt.</b>	<b>7-mag-23</b>	<b>Arco</b>
RF	biathlon	Sannicolò Aurora	2005	1244 pt.	5-mag-18	Mezzolombardo
RF	biathlon	Maffei Martina	2009	1241 pt.	7-mag-22	Trento
RF	biathlon	Pedrotti Valentina	2005	1224 pt.	5-mag-18	Mezzolombardo
RF	biathlon	Zandonai Michela	2004	1211 pt.	6-mag-17	Mezzolombardo
RF	biathlon	Zenatti Aurora	2003	1197 pt.	15-mag-16	Trento
RF	<b>biathlon</b>	<b>Delladdio Penelope</b>	<b>2010</b>	<b>1197 pt.</b>	<b>23-apr-23</b>	<b>Borgo Valsugana</b>

**Triathlon**

RF	triathlon	Pedrotti Valentina	2005	1771 pt.	7-lug-18	Mezzolombardo
RF	triathlon	Grigoletti Stefania	1987	1768 pt.	28-mag-00	Trento
RF	triathlon	Galvagnini Sofia	2005	1751 pt.	21-ott-18	Rovereto
RF	triathlon	Parisi Giulia	1988	1736 pt.	6-ott-01	Trento
RF	triathlon	Canali Roberta	1982	1671 pt.	8-ott-95	Borgo
RF	triathlon	Sannicolò Aurora	2005	1611 pt.	7-lug-18	Mezzolombardo
RF	triathlon	Matassoni Giulia	2005	1588 pt.	7-lug-18	Mezzolombardo
RF	triathlon	Massari Elisa	1986	1577 pt.	6-giu-99	Trento
RF	triathlon	Graiff Silvia	1997	1572 pt.	1-mag-10	Terlago CSI
RF	triathlon	Ecchei Irene	1995	1526 pt.	21-ott-07	Tn - P.Mult.CSI

CF	triathlon	Bertolini Sofia	2007	2124 pt.	21-mag-22	Mezzolombardo
CF	triathlon	Galvagnini Sofia	2005	2025 pt.	20-ott-19	Rovereto
CF	<b>triathlon</b>	<b>Pedrotti Beatrice</b>	<b>2009</b>	<b>1919 pt.</b>	<b>7-mag-23</b>	<b>Arco</b>
CF	<b>triathlon</b>	<b>Della Puppa Silvia</b>	<b>2009</b>	<b>1919 pt.</b>	<b>7-mag-23</b>	<b>Arco</b>
CF	triathlon	Sannicolò Aurora	2005	1585 pt.	13-apr-19	Trento
CF	triathlon	Ciech Virginia	2004	1531 pt.	13-apr-19	Trento
CF	triathlon	Faccioli Maddalena	2007	1511 pt.	21-mag-22	Mezzolombardo
CF	triathlon	Andreolli Maria	2007	1469 pt.	21-mag-22	Mezzolombardo
CF	triathlon	Manzana Camilla	2004	1409 pt.	8-giu-19	Mezzolombardo
CF	triathlon	Zandonai Michela	2004	1385 pt.	13-apr-19	Trento

**Tetrathlon**

RF	tetrathlon	Zenatti Matilde	2000	2572 pt.	13-ott-13	Rovereto
RF	tetrathlon	Pedrotti Beatrice	2009	2538 pt.	11-giu-22	Trento
RF	tetrathlon	Stenghel Chiara	1989	2385 pt.	8-giu-02	Borgo
RF	tetrathlon	Barbiero Alessia	1998	2328 pt.	15-ott-11	Rovereto
RF	tetrathlon	Della Puppa Silvia	2009	2242 pt.	11-giu-22	Trento
RF	tetrathlon	Modena Angelica	1991	2181 pt.	5-set-04	Cles
RF	tetrathlon	Graiff Silvia	1997	2171 pt.	29-mag-10	Tione
RF	tetrathlon	Baroni Chiara	1998	2105 pt.	15-ott-11	Rovereto
RF	tetrathlon	Cont Cumy	1996	2079 pt.	26-set-09	Trento
RF	tetrathlon	Sordo Valeria	1998	2030 pt.	15-ott-11	Rovereto

CF	tetrathlon	Spagnolli Sara	2001	2468 pt.	3-set-16	Mezzano di Primiero
CF	tetrathlon i	Cofler Alice	1999	2436 pt. i	2-mar-14	Ancona
CF	tetrathlon	Scrinzi Federica	1990	2178 pt.	29-mag-05	Borgo
CF	tetrathlon i	Sannicolò Aurora	2005	2055 pt. i	9-feb-20	Parma
CF	tetrathlon	Osele Giorgia	1986	2035 pt.	28-mag-00	Trento
CF	tetrathlon	Grandi Stefania	1986	1962 pt.	21-ott-01	Rovereto
CF	tetrathlon	Schiavo Anna	1994	1932 pt.	17-mag-09	Tione CSI
CF	tetrathlon	Zenatti Aurora	2003	1908 pt.	7-apr-18	Trento
CF	tetrathlon	Franceschi Matilde	2004	1880 pt.	21-ott-18	Rovereto
CF	tetrathlon	Fiorini Francesca	1985	1860 pt.	27-mar-99	Trento

**Pentathlon**

CF	pentathlon	Galvagnini Sofia	2005	3691 pt.	20-set-20	Borgo Valsugana
CF	pentathlon	Bertolini Sofia	2007	3111 pt.	4-set-22	Lana (BZ)
CF	pentathlon	Zenatti Aurora	2003	2869 pt.	15-16-set-18	Trento
CF	pentathlon	Cofler Alice	1999	2839 pt.	27-apr-14	Lana
CF	pentathlon	Ciech Virginia	2004	2835 pt.	14-set-19	Cles
CF	pentathlon	Spagnolli Sara	2001	2822pt.	17-18-set-16	Arco
CF	<b>pentathlon</b>	<b>Pedrotti Beatrice</b>	<b>2009</b>	<b>2725 pt.</b>	<b>19-20-ago-23</b>	<b>Lana (BZ)</b>
CF	pentathlon	Cont Cumy	1996	2679 pt.	15-ott-11	Rovereto
CF	pentathlon	Marangoni Michela	1997	2650 pt.	20-ott-12	Rovereto
CF	pentathlon	Barbiero Alessia	1998	2562 pt.	20-ott-12	Rovereto

AF	<i>pentathlon i</i>	Galvagnini Sofia	2005	2721 pt. i	21-feb-21	Padova
AF	<i>pentathlon i</i>	Spagnolli Sara	2001	2502 pt. i	13-14-gen-18	Padova
AF	<i>pentathlon i</i>	Dallaporta Lara	1999	2469 pt. i	10-gen-16	Padova
AF	<i>pentathlon i</i>	Ciech Virginia	2004	2345 pt. i	12-gen-20	Padova
AF	<i>pentathlon i</i>	Cofler Alice	1999	2338 pt. i	10-gen-16	Padova
AF	<i>pentathlon i</i>	Raoss Viola	1999	1742pt. i	10-gen-16	Padova

**JF** *pentathlon i* **Galvagnini Sofia** **2005** **3051 pt. i** **11-mar-23** **Padova**

**SF45** *pentathlon i* Piconese Tiziana 1966 2716 pt. i 4-mar-11 Ancona

### Eptathlon

AF	<i>eptathlon AF</i>	Galvagnini Sofia	2005	3912 pt.	21-22-ago-21	Lana
AF	<i>eptathlon AF</i>	Cofler Alice	1999	3549 pt.	23-24-apr-16	Gorizia
AF	<i>eptathlon AF</i>	<b>Bertolini Sofia</b>	<b>2007</b>	<b>3500 pt.</b>	<b>1-2-lug-23</b>	<b>Bovolone (VR)</b>
AF	<i>eptathlon AF</i>	Ciech Virginia	2004	3110 pt.	21-22-ago-21	Lana

**JF** *eptathlon JPS F* **Galvagnini Sofia** **2005** **4165 pt.** **21-22-lug-23** **Grosseto**

**SF** *eptathlon JPS F* Chiusole Veronica 1972 3003 pt. \_/\_/1997 \_\_\_\_\_