

# TOP 10 FEMMINILE 1988-2021

## CORSE

30 m					
PF	30	Carabelli Anna	1999	4.86	18-apr-21 Pavia
50 m					
EF	50	Pellicano Caterina	2008	6.91	2-giu-19 Mezzolombardo CSI
JF	50 i	Spagnolli Sara	2001	7.08 i	18-gen-20 Parma
EF	50	Raffaelli Chiara	2008	7.18	2-giu-19 Mezzolombardo CSI
AF	50 i	<b>Galvagnini Sofia</b>	<b>2005</b>	<b>7.25 i</b>	<b>18-dic-21 Parma</b>
JF	50 i	Manzana Aurora	2001	7.58 i	9-feb-19 Parma
CUCC	50	Olivieri Emma	2005	7.77	26-mag-13 Pergine CSI
EF	50	Frizzera Alessia	2004	7.86	1-mag-15 Trento
AF	50 i	<b>Sannicolò Aurora</b>	<b>2005</b>	<b>7.90 i</b>	<b>18-dic-21 Parma</b>
EF	50	Chiesa Sara	2007	7.78 m	28-mag-17 Trento CSI
EF	50	Zenatti Aurora	2003	8.04	13-ott-13 Rovereto
60 m					
JF	60 i	Decarli Gisella	1988	7.97 i	25-feb-07 Genova
AF	60 i	Zenatti Matilde	2000	8.00 i	22-gen-17 Padova
AF	60 i	Marangoni Michela	1997	8.15 i	20-gen-13 Udine
JF	60 i	Barbiero Alessia	1998	8.15 i	26-feb-17 Modena
JF	60 i	Spagnolli Sara	2001	8.23 i	5-gen-19 Padova
AF	60 i	Zenatti Aurora	2003	8.24 i	1-feb-20 Modena
PF	60 i	Zanivan Stefania	1987	8.25 i	2-feb-08 Modena
JF	60 i	Balter Marika	1993	8.47 i	5-feb-11 Pergine
AF	60 i	Manzana Camilla	2004	8.48 i	11-gen-20 Modena
CF	60 i	Matassoni Giulia	2005	8.49 i	8-feb-20 Parma
80 m					
CF	80	Decarli Gisella	1988	10.35	15-mag-03 Borgo
CF	80	Zenatti Aurora	2003	10.62	3-giu-18 Trento
CF	80	Barbiero Alessia	1998	10.65	2-giu-13 Borgo
CF	80	Marangoni Michela	1997	10.69	22-set-12 Arco
CF	80	Spagnolli Sara	2001	10.74	3-set-16 Mezzano di Primiero
CF	80	<i>Matassoni Giulia</i>	2005	10.78	2-giu-19 Mezzolombardo CSI
CF	80	Scrinzi Federica	1990	10.7	29-mag-05 Borgo
CF	80	Balter Marika	1993	10.97	9-ago-08 Arco
CF	80	Galvagnini Sofia	2005	10.97	28-lug-20 Cles
PF	80	<b>Carabelli Anna</b>	<b>1999</b>	<b>11.06</b>	<b>18-apr-21 Pavia</b>
100 m					
AF	100	Zenatti Matilde	2000	12.51	4-giu-17 Bressanone
AF	100	Decarli Gisella	1988	12.52	5-giu-05 Borgo
PF	100	Zanivan Stefania	1987	12.6	10-giu-07 Trento - CSI
JF	100	Barbiero Alessia	1998	12.86	4-giu-16 Rovereto
JF	100	Marangoni Michela	1997	12.93	9-mag-15 Borgo Valsugana
AF	100	<i>Spagnolli Sara</i>	2001	13.05	7-set-18 Cles CSI
AF	100	Zenatti Aurora	2003	13.07	20-set-20 Borgo Valsugana
AF	100	<b>Galvagnini Sofia</b>	<b>2005</b>	<b>13.15</b>	<b>15-mag-21 Bressanone</b>
JF	100	Balter Marika	1993	13.20	21-mag-11 Rovereto
AF	100	Cofler Alice	1999	13.33	4-giu-16 Rovereto

**150 m**

AF	150	Decarli Gisella	1988	18.9	17-apr-05	Rovereto
PF	150	Zanivan Stefania	1987	19.66	22-apr-07	Rovereto
AF	150	Zenatti Matilde	2000	19.76	22-apr-17	Rovereto
JF	150	Grandi Alessandra	1986	19.6	4-apr-04	Rovereto
AF	150	Marangoni Michela	1997	19.92	20-apr-13	Rovereto
JF	150	Balter Marika	1993	19.99	14-apr-12	Rovereto
JF	150	Barbiero Alessia	1998	20.26	22-apr-17	Rovereto
<b>AF</b>	<b>150</b>	<b>Manzana Camilla</b>	<b>2004</b>	<b>20.35</b>	<b>18-apr-21</b>	<b>Rovereto</b>
AF	150	Parisi Giulia	1988	20.2	4-apr-04	Rovereto
CF	150	Zenatti Aurora	2003	20.47	21-apr-18	Trento

**200 m**

AF	200	Zenatti Matilde	2000	25.59	24-mag-17	Bolzano
JF	200	Decarli Gisella	1988	26.01	18-giu-06	Trento
PF	200	Zanivan Stefania	1987	26.1	11-mag-07	Trento
JF	200	Grandi Alessandra	1986	26.74	16-mag-04	Rovereto
JF	200	Marangoni Michela	1997	26.74	7-giu-15	Rovigo
AF	200	Spagnolli Sara	2001	27.33	12-set-18	Trento
<b>AF</b>	<b>200</b>	<b>Galvagnini Sofia</b>	<b>2005</b>	<b>27.40</b>	<b>17-apr-21</b>	<b>Faenza (RA)</b>
JF	200	Balter Marika	1993	27.42	20-mag-12	Trento
JF	200	Barbiero Alessia	1998	27.52	8-mag-16	Rovereto
AF	200	Canali Roberta	1982	27.4	2-mag-98	Bressanone

**300 m**

CF	300	Canali Roberta	1982	42.6	30-giu-96	Fidenza
AF	300	Zenatti Matilde	2000	42.87	17-apr-16	Rovereto
AF	300	Decarli Gisella	1988	43.1	4-apr-04	Rovereto
JF	300	Grandi Alessandra	1986	43.2	4-apr-04	Rovereto
CF	300	Canali Lorenza	1984	43.8	30-mag-99	Pergine
JF	300	Graiff Silvia	1988	44.3	9-apr-06	Rovereto
<b>AF</b>	<b>300</b>	<b>Manzana Camilla</b>	<b>2004</b>	<b>44.55</b>	<b>18-apr-21</b>	<b>Rovereto</b>
CF	300	Zenatti Aurora	2003	44.65	22-giu-18	Trento
CF	300	Galvagnini Sofia	2005	44.71	23-ago-20	Bolzano
AF	300	Parisi Giulia	1988	44.8	4-apr-04	Rovereto

**400 m**

JF	400	Canali Lorenza	1984	58.71	22-giu-02	Rovereto
JF	400	Canali Roberta	1982	59.91	3-giu-00	Brunico
AF	400	Monsorno Elisa	1984	1:00.50	14-giu-00	Pergine
AF	400	Zenatti Matilde	2000	1:00.97	26-mag-16	Modena
JF	400	Grandi Alessandra	1986	1:01.01	30-mag-04	Bressanone
SF	400	Scrinzi Federica	1990	1:01.29	17-set-16	Arco
JF	400	Graiff Silvia	1988	1:01.34	17-giu-06	Trento
SF	400	Chiusole Veronica	1972	1:01.53	11-mag-96	Trento
<b>AF</b>	<b>400</b>	<b>Galvagnini Sofia</b>	<b>2005</b>	<b>1:02.06</b>	<b>2-ott-21</b>	<b>Brescia</b>
<b>AF</b>	<b>400</b>	<b>Pedrotti Valentina</b>	<b>2005</b>	<b>1:02.34</b>	<b>19-giu-21</b>	<b>Cles</b>

**600 m**

JF	600	Canali Lorenza	1984	1:37.8	13-apr-03	Rovereto
SF	600	Scrinzi Federica	1990	1:38.65	26-apr-15	Trento
<b>JF</b>	<b>600</b>	<b>Bottanelli Lisa</b>	<b>2003</b>	<b>1:41.21</b>	<b>18-apr-21</b>	<b>Rovereto</b>
CF	600	Canali Roberta	1982	1:41.4	19-mag-96	Rovereto
AF	600	Monsorno Elisa	1984	1:42.4	28-mag-00	Trento
AF	600	Graiff Silvia	1988	1:44.07	4-apr-04	Rovereto
JF	600	Cont Cumy	1996	1:44.41	26-apr-15	Trento
RF	600	Tava Barbara	1982	1:44.7	24-set-95	Trento
RF	600	Zenatti Matilde	2000	1:44.98	23-lug-13	Trento
CF	600	Osele Giorgia	1986	1:45.3	24-lug-01	Trento

800 m						
SF	800	Scrinzi Federica	1991	2:12.45	4-giu-17	Gavardo (BS)
JF	800	Canali Lorenza	1984	2:14.16	21-set-02	Pergine
SF	800	Chiusole Veronica	1972	2:14.53	5-lug-96	Trento
JF	800	Canali Roberta	1982	2:16.21	10-giu-01	Nove (VI)
PF	800	Tava Barbara	1982	2:17.4	29-lug-03	Trento
JF	<b>800</b>	<b>Bottanelli Lisa</b>	<b>2003</b>	<b>2:20.40</b>	<b>30-giu-21</b>	<b>Sasso Marconi (BO)</b>
JF	800	El Adel Sakina	1996	2:21.27	12-giu-15	Rieti
AF	800	Monsorno Elisa	1985	2:22.43	28-mag-00	Trento
AF	800	Graiff Silvia	1988	2:22.85	4-set-04	Cles
AF	800	Cont Cumy	1996	2:26.10	5-lug-13	Rovereto

1.000 m						
SF	1000	Chiusole Veronica	1972	3:04.3	_/_/1996	_____
CF	1000	Tava Barbara	1982	3:07.3	20-apr-97	Arco
AF	1000	Scrinzi Federica	1990	3:09.97	_/05/2007	Trento
CF	1000	Canali Roberta	1982	3:10.0	8-set-96	Trento
JF	1000	Costa Veronica	1990	3:12.5	22-mag-09	Trento GSS
CF	1000	El Adel Sakina	1996	3:16.51	28-mag-11	Borgo
CF	1000	Bottanelli Lisa	2003	3:17.60	17-lug-18	Trento
AF	1000	Cont Cumy	1996	3:18.90	9-mag-13	Rovereto GSS
AF	1000	Graiff Silvia	1988	3:19.0	4-mag-04	Trento
CF	1000	Cortese Federica	1990	3:21.0	23-apr-05	Arco

1.200 m						
CF	1200	Tava Stefania	1985	4:01.2	4-giu-00	Trento
RF	1200	Tava Barbara	1982	4:01.9	_/_/1995	_____
CF	1200	Osele Giorgia	1986	4:03.44	24-set-00	Bolzano
CF	1200	Tartarotti Cinzia	1975	4:04.9	_/_/1989	_____
CF	1200	Pancheri Enrica	1986	4:05.83	16-set-01	Bolzano
CF	1200	Braitto Anita	1983	4:18.3	4-ott-98	Borgo
CF	1200	Bottanelli Lisa	2003	4:21.80	23-set-18	Borgo Valsugana
CF	1200	Grandi Alessandra	1986	4:25.2	31-lug-01	Trento
CF	1200	Grigoletto Sara	1982	4:30.0	19-mag-96	Rovereto
CF	1200	Gasperotti Angela	1985	4:32.6	2-mag-99	Rovereto

1.500 m						
SF	1500	Scrinzi Federica	1990	4:31.87	1-giu-17	Ponzano Veneto (TV)
PF	1500	Tava Barbara	1982	4:34.19	21-ago-03	Cles
SF	1500	Chiusole Veronica	1972	4:41.2	19-mag-96	Rovereto
JF	1500	Canali Lorenza	1984	4:43.3	22-lug-03	Trento
SF	<b>1500</b>	<b>El Adel Sakina</b>	<b>1996</b>	<b>4:50.65</b>	<b>3-set-21</b>	<b>Bussolengo (VR)</b>
SF	1500	Chiesa Michela	1972	4:51.4	4-ago-98	Trento
SF	1500	Giordani Monica	1974	4:52.3	5-ago-97	Trento
JF	<b>1500</b>	<b>Bottanelli Lisa</b>	<b>2003</b>	<b>4:56.68</b>	<b>6-lug-21</b>	<b>Trento</b>
JF	1500	Canali Roberta	1982	4:57.6	1-ago-00	Trento
SF	1500	Rosa' Alessandra	1975	4:59.70	26-lug-02	Pergine

2 miglia						
SF	<b>2 miglia</b>	<b>El Adel Sakina</b>	<b>1996</b>	<b>11:25.59</b>	<b>28-ago-21</b>	<b>Arco</b>

2.000 m						
AF	2000	Tava Barbara	1982	6:40.0	17-apr-99	Rovereto
SF	2000	Chiusole Veronica	1972	6:40.2	7-apr-01	Rovereto
SF	2000	Chiesa Michela	1972	6:40.3	17-apr-99	Rovereto
PF	2000	Scrinzi Federica	1990	6:55.27	14-apr-12	Rovereto
JF	2000	El Adel Sakina	1996	6:59.33	12-apr-14	Rovereto
CF	2000	Cortese Federica	1990	7:09.2	8-mag-05	Trento
AF	2000	Monsorno Elisa	1984	7:09.8	7-apr-01	Rovereto
SF	2000	Pedri Silvia	1978	7:11.28	5-apr-09	Trento
AF	2000	Costa Veronica	1990	7:12.2	9-apr-06	Rovereto
CF	2000	Tava Stefania	1985	7:12.5	20-mag-00	Rovereto

**3.000 m**

PF	3000	Tava Barbara	1982	9:57.5	5-ago-03	Trento
SF	3000 i	Scrinzi Federica	1990	10:04.31 i	18-feb-18	Ancona
SF	3000	Chiusole Veronica	1972	10:33.4	10-set-98	Brescia
SF	3000	Giordani Monica	1974	10:37.9	29-lug-97	Trento
SF	3000	Chiesa Michela	1972	10:44.7	28-lug-98	Trento
JF	3000	Canali Lorenza	1984	10:47.8	5-ago-03	Trento
CF	3000	Tartarotti Cinzia	1975	10:48.4	23-set-90	Rovereto
AF	3000	Monsorno Elisa	1984	10:49.56	10-giu-01	Nove (VI)
SF	3000	El Adel Sakina	1996	10:59.33	20-set-20	Borgo Valsugana
JF	3000	Cont Cumy	1996	11:09.62	1-mag-15	Trento

**5.000 m**

PF	5000	Scrinzi Federica	1990	17:41.83	31-lug-12	Trento
PF	5000	Tava Barbara	1982	17:44.0	30-lug-02	Trento
SF	5000	Chiusole Veronica	1972	17:52.27	19-mag-02	Pergine
SF	5000	Chiesa Michela	1972	18:25.3	18-ago-98	Trento
SF	5000	Pedri Silvia	1978	18:51.67	17-mag-09	Trento
SF	5000	Giordani Monica	1974	19:19.76	11-mag-97	Rovereto
SF	5000	Scottini Giorgia	1985	19:29.75	27-set-15	Rovereto
SF40	5000	Dossi Marcellina	1962	19:45.7	29-lug-03	Trento
PF	5000	El Adel Sakina	1996	20:02.74	10-lug-18	Trento
SF40	5000	Stedile Katia	1965	20:07.9	26-lug-05	Trento

**10.000 m**

SF	10000	Pedri Silvia	1978	39:29.54	10-mag-09	Rubiera - RE
SF	10000	Giordani Monica	1974	40:03.8	25-apr-98	Conegliano
SF	10000	Chiesa Michela	1972	41:20.8	20-apr-97	Bolzano

**OSTACOLI E SIEPI**
**40 hs - h 0.50**

EF	40 hs (0.50)	Manzana Sonia	1993	10.1	26-set-04	Cles
EF	40 hs (0.50)	Marzadro Virginia	1998	11.48	10-mag-09	Trento

**50 hs - h 0.50**

EF	50 hs (0.50)	Zenatti Aurora	2003	10.11	22-giu-13	Cles
EF	50 hs (0.50)	Frizzera Alessia	2004	10.44	19-ott-14	Tione
EF	50 hs (0.50)	Bruschetti Livia	2004	10.53	19-ott-14	Tione
EF	50 hs (0.50)	Chiesa Aurora	2004	10.59	19-ott-14	Tione
EF	50 hs (0.50)	El Adel Majda	2002	10.72	22-giu-13	Cles
EF	50 hs (0.50)	Manica Marica	2004	10.86	19-ott-14	Tione
EF	50 hs (0.50)	Franceschi Matilde	2004	11.23	19-ott-14	Tione
EF	50 hs (0.50) i	Vescovi Alessandra	2001	12.34 i	21-gen-12	Pergine
EF	50 hs (0.50) i	Marzadro Virginia	1998	13.63 i	9-feb-08	Pergine
EF	50 hs (0.50) i	Mangiapelo Gaia	1997	15.25 i	9-feb-08	Pergine

**50 hs - h 0.76 i**

AF	50 hs (0.76) i	Galvagnini Sofia	2005	8.28 i	18-dic-21	Parma
AF	50 hs (0.76) i	Sannicolò Aurora	2005	9.11 i	18-dic-21	Parma

**60 hs - h 0.50**

RF	60 hs (0.50)	Giordani Alessia	1995	10.3	4-apr-08	Arco zonali
RF	60 hs (0.50)	Eccheli Irene	1995	12.0	4-apr-08	Arco zonali

**60 hs - h 0.60 - 7.5m**

RF	60 hs (0.60) 7.5m	Zenatti Matilde	2000	8.8	9-giu-13	Borgoricco (PD)
RF	60 hs (0.60) 7.5m	Barbiero Alessia	1998	9.90 i	12-mar-11	Pergine
RF	60 hs (0.60) 7.5m	Parisi Giulia	1988	9.7	12-mag-01	Pergine
RF	60 hs (0.60) 7.5m	Peterlini Giulia	1999	9.9	10-giu-12	Belluno
RF	60 hs (0.60) 7.5m	Galvagnini Sofia	2005	10.20	8-set-18	Cles CSI
RF	60 hs (0.60) 7.5m	Zenatti Aurora	2003	10.36	10-set-16	Rovereto (CSI)
RF	60 hs (0.60) 7.5m	Sannicolò Aurora	2005	10.54	19-mag-18	Trento
RF	60 hs (0.60) 7.5m	Fogolari Giulia	1989	10.4	12-mag-02	Arco
RF	60 hs (0.60) 7.5m	Cofler Alice	1999	10.65	5-mag-12	Cles
RF	60 hs (0.60) 7.5m	Giordani Alessia	1995	10.71	8-giu-08	Arco

**60 hs - h 0.76 - 8.0 m**

CF	60 hs (0.76) 8.0m i	Barbiero Alessia	1998	9.39 i	10-mar-13	Modena
CF	60 hs (0.76) 8.0m i	Marangoni Michela	1997	9.47 i	18-mar-12	Modena
SF40	60 hs (0.76) 8.0m i	Piconese Tiziana	1966	9.91 i	7-feb-08	Mantova
CF	60 hs (0.76) 8.0m i	Cofler Alice	1999	10.02 i	2-mar-14	Ancona
CF	60 hs (0.76) 8.0m i	Sannicolò Aurora	2005	10.71 i	9-feb-20	Parma
CF	60 hs (0.76) 8.0m i	Sordo Valeria	1998	10.91 i	11-feb-12	Pergine
CF	60 hs (0.76) 8.0m i	Giordani Alessia	1995	10.93 i	14-mar-10	Modena
CF	60 hs (0.76) 8.0m i	Spagnolli Sara	2001	11.02 i	30-gen-16	Pergine Valsugana
CF	60 hs (0.76) 8.0m i	Galvagnini Sofia	2005	11.09 i	24-feb-19	Padova
CF	60 hs (0.76) 8.0m i	Massaro Francesca	1998	12.91 i	11-feb-12	Pergine

**60 hs - h 0.76 - 8.5m**

AF	60 hs (0.76) 8.5m i	Barbiero Alessia	1998	9.33 i	16-feb-14	Ancona
AF	60 hs (0.76) 8.5m i	Marangoni Michela	1997	9.44 i	26-gen-14	Udine
AF	60 hs (0.76) 8.5m i	Spagnolli Sara	2001	9.75 i	3-feb-18	Padova
AF	60 hs (0.76) 8.5m i	Cofler Alice	1999	9.89 i	28-feb-16	Modena
AF	60 hs (0.76) 8.5m i	Dallaporta Lara	1999	10.38 i	10-gen-16	Padova
AF	60 hs (0.76) 8.5m i	Ciech Virginia	2004	10.38 i	31-gen-21	Padova
AF	60 hs (0.76) 8.5m i	Galvagnini Sofia	2005	10.41 i	21-feb-21	Padova
AF	60 hs (0.76) 8.5m i	Raoss Viola	1999	11.65 i	23-gen-15	Padova

**60 hs - 0.84 - 8.5m**

JF	60 hs (0.84) 8.5m i	Balter Marika	1993	10.02 i	21-gen-12	Pergine
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**80 hs - 0.60 - 7.5m**

RF	80 hs (0.60) 7.5m	Giordani Alessia	1995	14.1	6-mag-08	Trento GSS
CF	80 hs (0.60) 7.5m	Vescovi Arianna	1996	14.6	13-mag-10	Trento GSS

**80 hs - h 0.76 - 8.0m**

CF	80 hs (0.76) 8.0m	Barbiero Alessia	1998	12.28	20-ott-12	Rovereto
CF	80 hs (0.76) 8.0m	Zenatti Aurora	2003	12.59	6-ott-18	Rieti
CF	80 hs (0.76) 8.0m	Marangoni Michela	1997	12.81	20-ott-12	Rovereto
CF	80 hs (0.76) 8.0m	Galvagnini Sofia	2005	13.19	20-set-20	Borgo Valsugana
CF	80 hs (0.76) 8.0m	Cofler Alice	1999	13.29	21-giu-14	Cles
CF	80 hs (0.76) 8.0m	Parisi Giulia	1988	13.32	22-giu-03	Fidenza
CF	80 hs (0.76) 8.0m	Spagnolli Sara	2001	13.41	17-set-16	Arco
CF	80 hs (0.76) 8.0m	Scrinzi Federica	1990	13.55	7-ott-05	Bisceglie (BA)
SF45	80 hs (0.76) 8.0m	Piconese Tiziana	1966	13.65	22-giu-11	Lana
CF	80 hs (0.76) 8.0m	<b>Bertolini Sofia</b>	<b>2007</b>	<b>14.12</b>	<b>11-set-21</b>	<b>Trento</b>

**100 hs - 0.76 - 8.0m**

AF	100 hs (0.76) 8.0m	Nobili Sheena	1991	17.6	22-mag-08	Trento GSS
AF	100 hs (0.76) 8.0m	Modena Angelica	1991	18.3	22-mag-08	Trento GSS

**100 hs - h 0.76 - 8.5m**

AF	100 hs (0.76) 8.5m	Barbiero Alessia	1998	15.35	22-giu-14	Rieti
AF	100 hs (0.76) 8.5m	Cofler Alice	1999	15.86	31-mag-15	Borgo Valsugana
AF	100 hs (0.76) 8.5m	<b>Galvagnini Sofia</b>	<b>2005</b>	<b>16.16</b>	<b>15-mag-21</b>	<b>Bressanone</b>
CF	100 hs (0.76) 8.5m	Marangoni Michela	1997	16.03m	9-mag-12	Pergine GSS
AF	100 hs (0.76) 8.5m	Grandi Stefania	1986	16.85	19-mag-02	Bressanone
AF	100 hs (0.76) 8.5m	<b>Ciech Virginia</b>	<b>2005</b>	<b>16.91</b>	<b>15-mag-21</b>	<b>Bressanone</b>
AF	100 hs (0.76) 8.5m	Balter Marika	1993	17.04	5-apr-09	Trento
CF	100 hs (0.76) 8.5m	Raoss Viola	1999	17.62m	14-mag-14	Trento GSS
AF	100 hs (0.76) 8.5m	Zanivan Stefania	1987	17.6	10-mag-03	Trento
AF	100 hs (0.76) 8.5m	Fontanari Wilma	1982	23.0	13-giu-98	Rovereto

**100 hs - h 0.84 - 8.5m**

AF	100 hs (0.84) 8.5m	Barbiero Alessia	1998	15.85	27-giu-14	Rovereto
JF	100 hs (0.84) 8.5m	Balter Marika	1993	16.30	19-mag-12	Trento
AF	100 hs (0.84) 8.5m	Cofler Alice	1999	16.54	21-mag-16	Agordo (BL)
AF	100 hs (0.84) 8.5m	Marangoni Michela	1997	16.94	11-mag-13	Bressanone
JF	100 hs (0.84) 8.5m	<b>Zenatti Aurora</b>	<b>2003</b>	<b>17.96</b>	<b>29-mag-21</b>	<b>Cles</b>
JF	100 hs (0.84) 8.5m	Grandi Stefania	1986	18.36	24-mag-04	Mezzolombardo
PF	100 hs (0.84) 8.5m	Comper Deborah	1993	20.33	10-mag-14	Trento
JF	100 hs (0.84) 8.5m	Simoncelli Anna	1996	23.89	10-mag-14	Trento

**200 hs - h 0.60**

RF	200 hs (0.60)	Galvagnini Sofia	2005	34.17	21-apr-18	Trento
RF	200 hs (0.60)	<b>Galvagnini Drita</b>	<b>2009</b>	<b>35.83</b>	<b>12-giu-21</b>	<b>Mezzolombardo</b>
RF	200 hs (0.60)	Parisi Vera	2003	42.36	24-apr-16	Cles

**200 hs - h 0.76 - 18.29m**

AF	200 hs (0.76) 18.29m	Barbiero Alessia	1998	31.75	12-apr-14	Rovereto
CF	200 hs (0.76) 18.29m	Parisi Giulia	1988	33.2	27-apr-02	Arco
CF	200 hs (0.76) 18.29m	Scrinzi Federica	1990	33.7	5-set-05	Cles
CF	200 hs (0.76) 18.29m	Marangoni Michela	1997	34.57	21-apr-12	Trento
CF	200 hs (0.76) 18.29m	Cont Cumy	1996	34.72	24-set-11	Trento
CF	200 hs (0.76) 18.29m	Cofler Alice	1999	35.94	13-apr-13	Pergine
CF	200 hs (0.76) 18.29m	Maffei Angela	1998	36.25	13-apr-13	Pergine
CF	200 hs (0.76) 18.29m	Baroni Chiara	1998	36.64	13-apr-13	Pergine
CF	200 hs (0.76) 18.29m	Giordani Alessia	1995	37.26	10-apr-10	Trento
CF	200 hs (0.76) 18.29m	Modena Angelica	1991	38.3	5-set-05	Cles

**300 hs - h 0.76**

CF	300 hs (0.76)	Canali Roberta	1982	46.7	24-mag-97	Trento
CF	300 hs (0.76)	Parisi Giulia	1988	48.5	1-giu-03	Laives
AF	300 hs (0.76)	Scrinzi Federica	1990	48.6	22-apr-07	Rovereto
CF	300 hs (0.76)	Zenatti Aurora	2003	49.05	20-mag-18	Trento
CF	300 hs (0.76)	Modena Angelica	1991	50.7	1-mag-05	Cles
CF	300 hs (0.76)	Barbiero Alessia	1998	51.05	27-mag-12	Borgo Valsugana
CF	300 hs (0.76)	Grandi Stefania	1986	52.18	27-mag-01	Bolzano
CF	300 hs (0.76)	Zandonai Michela	2004	52.32	8-giu-19	Mezzolombardo
CF	300 hs (0.76)	Cont Cumy	1996	52.33	28-mag-11	Borgo
CF	300 hs (0.76)	Baroni Chiara	1998	52.65	21-set-13	Trento

**400 hs - h 0.76**

SF	400 hs (0.76)	Chiusole Veronica	1972	1:07.06	1-set-96	Rovereto
JF	400 hs (0.76)	Scrinzi Federica	1990	1:08.73	6-lug-08	Trento
AF	400 hs (0.76)	Parisi Giulia	1988	1:09.92	23-giu-04	Lana
JF	400 hs (0.76)	Canali Roberta	1982	1:10.04	17-set-00	Laives
AF	400 hs (0.76)	Cont Cumy	1996	1:10.63	12-mag-13	Bressanone
JF	400 hs (0.76)	Grandi Stefania	1986	1:12.21	23-mag-04	Verona
AF	400 hs (0.76)	Nobili Sheena	1991	1:13.23	4-mag-08	Cles
AF	400 hs (0.76)	Modena Angelica	1991	1:13.79	17-mag-09	Trento
AF	400 hs (0.76)	Barbiero Alessia	1998	1:18.97	4-mag-14	Bressanone
PF	400 hs (0.76)	Parisi Elisa	1987	1:22.00	20-mag-07	Pergine

**1.000 st (0.76) S.R.**

CF	1200 st (0.76) S.R.	Bottanelli Lisa	2003	4:21.80	23-set-18	Borgo Valsugana
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**2.000 st**

SF	2000 st	Scrinzi Federica	1990	7:06.01	24-ago-17	Cles
AF	2000 st	Cont Cumy	1996	7:21.85	5-ott-13	Iesolo

**3.000 st**

SF	3000 st	Scrinzi Federica	1990	10:48.12	20-lug-14	Rovereto
JF	3000 st	Cont Cumy	1996	11:56.65	13-giu-15	Rieti

## SALTI

### Alto

AF	alto	Avancini Daniela	1983	1.65	3-set-00	Trento
JF	alto	Dallaporta Lara	1999	1.65	22-apr-17	Rovereto
SF40	alto i	Piconese Tiziana	1966	1.64 i	9-feb-08	Padova
CF	alto	Galvagnini Sofia	2005	1.55	12-set-20	Lana (BZ)
AF	alto	Fondriest Silvia	1988	1.55	23-mag-04	Pergine
AF	alto	Cofler Alice	1999	1.55	9-mag-15	Borgo Valsugana
AF	alto	Ciech Virginia	2004	1.54	5-ago-20	Rovereto
CF	alto	Bisoffi Martina	1986	1.51	2-ott-01	Isernia
CF	alto	Grigoletti Stefania	1987	1.47	13-mag-01	Pergine
CF	alto	<b>Bertolini Sofia</b>	<b>2007</b>	<b>1.47</b>	<b>2-giu-21</b>	<b>Trento</b>

### Asta

SF	asta	Sanchez Ferrer Maryoris	1985	3.30	29-giu-12	Rovereto
AF	asta	Dallaporta Lara	1999	3.20	17-giu-16	Jesolo (VE)
SF50	asta	Piconese Tiziana	1966	2.85	8-mag-16	Rovereto
CF	asta	Galvagnini Sofia	2005	2.80	10-ott-20	Arco
AF	asta	Martini Sara	1998	2.50	14-apr-15	Rovereto

### Lungo

SF	lungo	Sanchez Ferrer Maryoris	1985	5.50	10-mag-15	Borgo Valsugana
AF	lungo	Spagnolli Sara	2001	5.39	28-apr-18	Bolzano
AF	lungo i	<b>Galvagnini Sofia</b>	<b>2005</b>	<b>5.36 i</b>	<b>7-feb-21</b>	<b>Padova</b>
AF	lungo	<b>Ciech Virginia</b>	<b>2004</b>	<b>5.23</b>	<b>2-mag-21</b>	<b>Rovereto</b>
AF	lungo i	Balter Marika	1993	5.21 i	7-feb-09	Pergine
JF	lungo	Dallaporta Lara	1999	5.15	24-ago-17	Cles
JF	lungo	Bisoffi Martina	1986	4.96	16-mag-04	Rovereto
JF	lungo	Avancini Daniela	1983	4.92	20-mag-01	Laives
SF45	lungo	Piconese Tiziana	1966	4.88	21-set-11	Trento
AF	lungo	Fondriest Silvia	1988	4.85	23-mag-04	Pergine

### Triplo

SF	triplo	Sanchez Ferrer Maryoris	1985	13.20	26-giu-16	Rieti
JF	triplo	Spagnolli Sara	2001	11.06	11-mag-19	Bolzano
AF	triplo i	Balter Marika	1993	10.95 i	1-feb-09	Padova
JF	triplo	Bisoffi Martina	1986	10.81	15-mag-04	Rovereto
SF45	triplo	Piconese Tiziana	1966	10.75	5-giu-13	Cles
CF	triplo	<b>Bertolini Sofia</b>	<b>2007</b>	<b>10.41</b>	<b>2-ott-21</b>	<b>Parma</b>
AF	triplo	<b>Galvagnini Sofia</b>	<b>2005</b>	<b>10.41</b>	<b>12-set-21</b>	<b>Merano</b>
AF	triplo	<b>Sannicolò Aurora</b>	<b>2005</b>	<b>10.17</b>	<b>25-apr-21</b>	<b>Trento</b>
CF	triplo	Cofler Alice	1999	9.95	24-mag-14	Trento
PF	triplo	Zanivan Stefania	1987	9.42	19-mag-07	Pergine



## LANCI

### Peso kg.2

RF	peso kg.2	Chiusole Laura	2002	10.81	17-mag-15	Trento
RF	peso kg.2	Ignazzito Chiara	1998	10.53	2-ott-11	Verona
RF	peso kg.2	Parisi Vera	2003	10.19	12-giu-16	Trento (CSI)
RF	peso kg.2	Ganassini Karoline	1998	9.62	22-giu-11	Cles
RF	peso kg.2	Nave Giorgia	1990	9.58	11-ott-03	Rovereto
RF	peso kg.2	Massari Elisa	1986	9.39	17-giu-99	Dimaro
RF	peso kg.2	Gamene Aida	2004	9.21	14-lug-17	Mezzolombardo
RF	peso kg.2	Michelon Francesca	1995	9.12	1-giu-08	Tione - VITT CSI
RF	peso kg.2	Parisi Giulia	1988	9.11	7-ott-01	Arco
RF	peso kg.2	Eccheli Irene	1995	8.94	18-mag-08	Tn - P.Mult.CSI

### Peso kg.3

AF	peso kg.3	Ganassini Karoline	1998	11.38	2-ago-14	Udine
AF	peso kg.3	Spagnolli Sara	2001	10.35	15-apr-18	Rovereto
CF	peso kg.3	Pedri Silvia	1978	10.08	25-ott-92	Trento
CF	peso kg.3	Cavagna Viviana	1981	9.88	6-ago-96	Trento
CF	peso kg.3 i	Ignazzito Chiara	1998	9.36 i	2-feb-13	Schio
SF50	peso kg.3 i	Piconese Tiziana	1966	9.34 i	13-feb-16	Padova
AF	peso kg.3	Peterlini Martina	1997	9.33	4-mag-13	Bolzano
CF	peso kg.3	Pellegrino Roberta	1990	9.22	17-set-05	Bolzano
CF	peso kg.3	Ballardi Elisa	1988	9.13	12-apr-03	Arco
CF	peso kg.3	Parisi Vera	2003	9.07	23-apr-17	Mantova

### Peso kg.4

JF	peso kg.4	Pellegrino Roberta	1990	12.13	5-set-09	Chiuro (So)
JF	peso kg.4	Pedri Silvia	1978	11.01	11-mag-96	Trento
AF	peso kg.4	Ganassini Karoline	1998	9.79	17-mag-14	Bressanone
AF	peso kg.4	Canevari Silvia	1984	9.53	9-giu-01	Gorizia
AF	peso kg.4	Spagnolli Sara	2001	8.78	2-set-17	Mezzano
PF	peso kg.4	Fasanelli Silvia	1985	8.76	25-ago-05	Cles
AF	peso kg.4	Cavagna Viviana	1981	8.55	8-giu-97	Borgo
AF	peso kg.4	Ballardi Elisa	1988	8.47	19-set-04	Bolzano
SF45	peso kg.4	Piconese Tiziana	1966	8.47	16-apr-11	Rovereto
SF	peso kg.4	Azzolini Michela	1977	8.13	21-apr-01	Trento

### Disco kg.1

JF	disco kg.1	Pizzini Noemi	1991	34.07	26-mag-10	Trento GSS
PF	disco kg.1	Fasanelli Silvia	1985	33.15	16-mag-05	Bolzano
AF	disco kg.1	Ignazzito Chiara	1998	31.63	11-mag-14	Trento
SF	disco kg.1	Pedri Silvia	1978	31.62	19-mag-02	Pergine
PF	disco kg.1	Sandri Patrizia	1981	31.08	18-mag-03	Bolzano
SF	disco kg.1	Marcolini Romina	1970	30.73	24-mag-98	Borgo
SF	disco kg.1	Pellegrino Roberta	1990	30.40	12-mag-13	Bressanone
PF	disco kg.1	Nave Giorgia	1990	27.29	16-mag-10	Rovereto
CF	disco kg.1	Parisi Vera	2003	26.99	20-mag-18	Trento
AF	disco kg.1	Cavagna Viviana	1981	26.10	20-set-98	Trento

### Martello kg.3

AF	martello kg.3	Ignazzito Chiara	1998	52.68	2-ago-14	Udine
AF	martello kg.3	Michelon Francesca	1995	44.86	18-set-12	Trento
AF	martello kg.3	Cavagna Viviana	1981	44.59	19-set-98	Cles
CF	martello kg.3	Nave Giorgia	1990	43.37	11-10-2005	Bisceglie (BA)
CF	martello kg.3	Gamene Aida	2004	42.68	19-mag-19	Trento
AF	martello kg.3	Marzadro Emma	1999	41.33	9-giu-16	Mariano Comense (CO)
AF	martello kg.3	Erraiss Yasmin	2000	39.89	24-mag-17	Bolzano
AF	martello kg.3	Ganassini Karoline	1998	37.93	2-ago-14	Udine
CF	martello kg.3	Pizzini Noemi	1991	36.53	9-set-06	Cles
CF	martello kg.3	Pasquali Giorgia	1998	36.00	18-mag-13	Trento

**Martello kg.4**

PF	<i>martello kg.4</i>	Nave Giorgia	1990	51.31	25-feb-12	Lucca
JF	<i>martello kg.4</i>	Ignazzito Chiara	1998	44.93	10-set-16	Bressanone
PF	<i>martello kg.4</i>	Michelon Francesca	1995	44.79	19-lug-15	Pergine
JF	<i>martello kg.4</i>	Pizzini Noemi	1991	44.76	29-mag-10	Bolzano
JF	<i>martello kg.4</i>	Cavagna Viviana	1981	42.45	3-giu-00	Brunico
AF	<i>martello kg.4</i>	Ballardi Elisa	1988	38.14	21-mag-05	Bolzano
AF	<i>martello kg.4</i>	Erraiss Yasmin	2000	35.15	24-giu-17	Bolzano
JF	<i>martello kg.4</i>	Marzadro Emma	1999	34.94	11-feb-17	Modena
PF	<i>martello kg.4</i>	Pedri Silvia	1978	23.94	23-mag-98	Borgo
SF	<i>martello kg.4</i>	Azzolini Michela	1977	23.31	3-giu-01	Rovereto

**Giavello gr.300**

RF	<i>giavello gr.300</i>	Osele Giorgia	1986	17.32	30-mag-99	Pergine
RF	<i>giavello gr.300</i>	Massari Elisa	1986	14.22	19-set-99	Trento
RF	<i>giavello gr.300</i>	Fiorini Francesca	1984	10.23	27-mar-99	Trento

**Giavello gr.400**

CF	<i>giavello gr.400</i>	Pellegrino Roberta	1990	36.73	7-ott-05	Bisceglie (BA)
CF	<i>giavello gr.400</i>	Raoss Viola	1999	32.28	6-lug-14	Majano
CF	<i>giavello gr.400</i>	Eccheli Irene	1995	32.13	24-mag-09	Pergine
CF	<i>giavello gr.400</i>	Galvagnini Sofia	2005	25.54	20-set-20	Borgo Valsugana
CF	<i>giavello gr.400</i>	Pedri Silvia	1978	24.84	20-ago-92	Cles
CF	<i>giavello gr.400</i>	Grandi Stefania	1986	23.64	21-ott-01	Rovereto
CF	<i>giavello gr.400</i>	Osele Giorgia	1986	23.20	17-set-00	Pergine
CF	<b>giavello gr.400</b>	<b>Bertolini Sofia</b>	<b>2007</b>	<b>21.96</b>	<b>2-giu-21</b>	<b>Trento</b>
CF	<i>giavello gr.400</i>	Marangoni Michela	1997	21.58	23-giu-12	Trento
CF	<i>giavello gr.400</i>	Taraboi Sandra	1986	21.45	21-mag-00	Rovereto

**Giavello gr.500**

AF	<b>giavello gr.500</b>	<b>Galvagnini Sofia</b>	<b>2005</b>	<b>27.23</b>	<b>22-ago-21</b>	<b>Lana</b>
AF	<i>giavello gr.500</i>	Raoss Viola	1999	26.46	12-apr-15	Rovereto
AF	<i>giavello gr.500</i>	Cofler Alice	1999	20.97	24-apr-16	Gorizia
AF	<i>giavello gr.500</i>	Spagnolli Sara	2001	17.71	21-lug-18	Borgo Valsugana CSI
AF	<b>giavello gr.500</b>	<b>Sannicolò Aurora</b>	<b>2005</b>	<b>15.84</b>	<b>2-ott-21</b>	<b>Brescia</b>
AF	<b>giavello gr.500</b>	<b>Ciech Virginia</b>	<b>2004</b>	<b>15.74</b>	<b>22-ago-21</b>	<b>Lana</b>
AF	<i>giavello gr.500</i>	Baroni Celine	1997	12.44	5-mag-13	Bolzano

**Giavello Gr.600**

SF	<i>giavello gr.600</i>	Pellegrino Roberta	1990	46.07	5-lug-13	Rovereto
SF	<i>giavello gr.600</i>	Michelon Nadia	1984	30.88	9-mag-08	Borgo
SF	<i>giavello gr.600</i>	Marcolini Romina	1970	29.31	24-mag-98	Borgo
PF	<i>giavello gr.600</i>	Sandri Patrizia	1981	28.73	18-mag-03	Bolzano
PF	<i>giavello gr.600</i>	Pedri Silvia	1978	27.07	23-mag-99	Borgo
JF	<i>giavello gr.600</i>	Raoss Viola	1999	24.47	12-set-18	Trento
JF	<i>giavello gr.600</i>	Canevari Silvia	1984	23.31	19-mag-02	Pergine
AF	<i>giavello gr.600</i>	Raoss Viola	1999	23.07	27-giu-15	Lana
AF	<i>giavello gr.600</i>	Spagnolli Sara	2001	21.67	22-lug-17	Tione CSI
SF45	<i>giavello gr.600</i>	Piconese Tiziana	1966	19.83	22-mag-11	Rovereto

**Palla Medica Dorsale kg.2**

RF	<i>p.m.d. kg.2</i>	Ignazzito Chiara	1998	10.36	17-apr-11	Arco
RF	<i>p.m.d. kg.2</i>	Pedrotti Valentina	2005	10.29	21-apr-18	Trento
RF	<i>p.m.d. kg.2</i>	Ganassini Karoline	1998	9.75	17-apr-11	Arco
RF	<i>p.m.d. kg.2</i>	Sannicolò Aurora	2005	8.63	7-apr-18	Trento
RF	<i>p.m.d. kg.2</i>	Salvaterra Emma	2006	8.23	8-giu-19	Mezzolombardo
RF	<i>p.m.d. kg.2</i>	Tamburini Fanny	2006	8.20	8-giu-19	Mezzolombardo
RF	<i>p.m.d. kg.2</i>	Cont Cumy	1996	7.81	4-apr-09	Arco
RF	<i>p.m.d. kg.2</i>	Sannicolò Aurora	2005	7.71	9-apr-17	Cles
RF	<i>p.m.d. kg.2</i>	Zambanini Ylenia	1996	7.53	6-giu-09	Trento
RF	<i>p.m.d. kg.2</i>	Barbiero Alessia	1998	7.12	17-apr-11	Arco

**Vortex**

RF	vortex	Eccheli Irene	1995	48.40	4-mag-08	Cles
RF	vortex	Barbiero Alessia	1998	39.99	22-giu-11	Cles
RF	vortex	La Rizza Martina	2000	38.41	18-mag-13	Trento
RF	vortex	Ganassini Karoline	1998	38.17	22-giu-11	Cles
RF	vortex	Adami Jennifer	1990	36.52	15-set-02	Trento
RF	vortex	Stenghel Chiara	1989	35.74	8-giu-02	Borgo
RF	vortex	Raoss Viola	1999	35.35	28-apr-12	Pergine
RF	vortex	Marisa Alice	1989	34.48	12-mag-02	Arco
RF	vortex	Andriollo Ilaria	2000	33.82	26-mag-12	Borgo Valsugana
RF	vortex	Ignazzito Chiara	1998	33.56	15-ott-11	Rovereto

**Palla gr.150**

RF	palla gr.150	Gasperotti Angela	1985	40.28	17-mag-98	Borgo
RF	palla gr.150	Galvagnini Sofia	2005	33.37	22-set-18	Bolzano
RF	palla gr.150	Pedri Silvia	1978	32.08	1-set-90	Trento
RF	palla gr.150	Cavagna Viviana	1981	29.74	8-mag-94	Trento
RF	palla gr.150	Canevari Giulia	1984	27.00	20-apr-97	Arco
RF	palla gr.150	Emanuelli Elisa	1981	26.66	8-mag-94	Trento
RF	palla gr.150	Pedrotti Valentina	2005	26.18	14-ott-17	Rovereto
RF	palla gr.150	Franceschi Matilde	2004	26.10	20-mag-17	Trento
EF	palla gr.150	Rossaro Fabiana	1978	25.60	_/_/89	_____
RF	palla gr.150	Bettini Chiara	2001	25.20	28-set-14	Trento

## MARCIA

### Marcia 800 m.

RF	<i>marcia 800 m</i>	Massaro Francesca	1998	4:29.60	9-apr-11	Trento
RF	<i>marcia 800 m</i>	Massaro Marika	1998	4:30.19	9-apr-11	Trento
RF	<i>marcia 800 m</i>	Vescovi Emma	1998	4:31.00	9-apr-11	Trento
RF	<i>marcia 800 m</i>	Zambanini Ylenia	1996	5:01.37	6-giu-09	Trento
RF	<i>marcia 800 m</i>	Cont Cumy	1996	5:10.47	6-giu-09	Trento
RF	<i>marcia 800 m</i>	Marzadro Martina	2001	5:15.25	13-apr-14	Cles
RF	<i>marcia 800 m</i>	Marangoni Michela	1997	5:39.85	6-giu-09	Trento
RF	<i>marcia 800 m</i>	Cofler Alice	1999	5:44.54	28-apr-12	Pergine
RF	<i>marcia 800 m</i>	Vescovi Alessandra	2001	5:36.85	13-apr-14	Cles
RF	<i>marcia 800 m</i>	De Nart Silvia	1998	5:51.82	17-apr-11	Arco

### Marcia 1 km

CF	<i>marcia 1 km</i>	Massaro Marika	1998	5:26.9	19-lug-13	Mezzolombardo CSI
CF	<i>marcia 1 km</i>	Massaro Francesca	1998	5:32.3	19-lug-13	Mezzolombardo CSI
RF	<i>marcia 1 km</i>	Raoss Viola	1999	7:07.10	10-lug-12	Mezzolombardo CSI
RF	<i>marcia 1 km</i>	Jarzynka Daria	2001	8:35.8	19-lug-13	Mezzolombardo CSI

### Marcia 1,2 km

RF	<i>marcia 1,2 km</i>	Vescovi Emma	1998	7:11.83	3-set-11	Trento
RF	<i>marcia 1,2 km</i>	Massaro Marika	1998	7:16.25	3-set-11	Trento
RF	<i>marcia 1,2 km</i>	Massaro Francesca	1998	7:17.23	3-set-11	Trento

### Marcia 2 km

CF	<i>marcia 2 km</i>	Massaro Marika	1998	11:07.94	9-giu-13	Fidenza
CF	<i>marcia 2 km</i>	Massaro Francesca	1998	11:30.48	12-set-13	Trento
CF	<i>marcia 2 km</i>	Vescovi Emma	1998	12:25.65	18-mar-12	Modena
RF	<i>marcia 2 km</i>	Marra Carlotta	1990	12:57.3	14-set-03	Arco
CF	<i>marcia 2 km</i>	Bragagna Sabrina	1978	12:59.1	24-set-92	Trento
RF	<i>marcia 2 km</i>	Chiusole Carlotta	1990	13:22.8	11-ott-03	Rovereto
RF	<i>marcia 2 km</i>	Gasperotti Angela	1985	13:33.1	31-mag-98	Trento
RF	<i>marcia 2 km</i>	Vescovi Alessandra	2001	15:21.12	18-mag-13	Trento
EF	<i>marcia 2 km</i>	Zambanini Viviana	1978	15:31.9	_/_/1989	_____
RF	<i>marcia 2 km</i>	Manzana Sonia	1993	15:33.3	8-mag-05	Trento

### Marcia 3 km

CF	<i>marcia 3 km</i>	Massaro Marika	1998	17:30.20	12-ott-13	Iesolo
CF	<i>marcia 3 km</i>	Gasperotti Angela	1985	18:33.4	27-mar-99	Trento
CF	<i>marcia 3 km</i>	Massaro Francesca	1998	18:38.33	20-apr-13	Rovereto
CF	<i>marcia 3 km</i>	Marra Carlotta	1990	18:59.53	19-set-04	Abano Terme
CF	<i>marcia 3 km</i>	Chiusole Carlotta	1990	19:19.01	17-set-05	Bolzano
CF	<i>marcia 3 km</i>	Azzolini Sara	1989	24:54.0	11-mag-03	Trento

### Marcia 4 km

AF	<i>marcia 4 km</i>	Emanuelli Elisa	1981	26:02.77	20-set-97	Bolzano
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### Marcia 5 km

AF	<i>marcia 5 km</i>	Massaro Marika	1998	30:37.18	27-giu-14	Rovereto
PF	<i>marcia 5 km</i>	Emanuelli Elisa	1981	31:28.76	2-giu-01	Rovereto
AF	<i>marcia 5 km</i>	Chiusole Carlotta	1990	32:08.10	27-mag-07	Trento
AF	<i>marcia 5 km</i>	Marra Carlotta	1990	34:26.85	13-mag-06	Trento

PROVE MULTIPLE

**Biathlon**

RF	<i>biathlon</i>	Galvagnini Sofia	2005	1382 pt.	21-apr-18	Trento
RF	<i>biathlon</i>	Sannicolò Aurora	2005	1244 pt.	5-mag-18	Mezzolombardo
RF	<i>biathlon</i>	Pedrotti Valentina	2005	1224 pt.	5-mag-18	Mezzolombardo
RF	<i>biathlon</i>	Zandonai Michela	2004	1211 pt.	6-mag-17	Mezzolombardo
RF	<i>biathlon</i>	Zenatti Aurora	2003	1197 pt.	15-mag-16	Trento
RF	<i>biathlon</i>	Tamburini Fanny	2006	1163 pt.	13-apr-19	Trento
RF	<i>biathlon</i>	Parisi Vera	2003	1116 pt.	10-apr-16	Mezzolombardo
<b>RF</b>	<b><i>biathlon</i></b>	<b>Galvagnini Drita</b>	<b>2009</b>	<b>1090 pt.</b>	<b>12-giu-21</b>	<b>Mezzolombardo</b>
<b>RF</b>	<b><i>biathlon</i></b>	<b>Pedrotti Beatrice</b>	<b>2009</b>	<b>1081 pt.</b>	<b>11-set-21</b>	<b>Trento</b>
RF	<i>biathlon</i>	Pozzio Anna	2006	1038 pt.	8-giu-19	Mezzolombardo

**Triathlon**

CF	<i>triathlon</i>	Galvagnini Sofia	2005	2025 pt.	20-ott-19	Rovereto
<b>CF</b>	<b><i>triathlon</i></b>	<b>Bertolini Sofia</b>	<b>2007</b>	<b>1932 pt.</b>	<b>11-set-21</b>	<b>Trento</b>
RF	<i>triathlon</i>	Pedrotti Valentina	2005	1771 pt.	7-lug-18	Mezzolombardo
RF	<i>triathlon</i>	Grigoletti Stefania	1987	1768 pt.	28-mag-00	Trento
RF	<i>triathlon</i>	Parisi Giulia	1988	1736 pt.	6-ott-01	Trento
RF	<i>triathlon</i>	Canali Roberta	1982	1671 pt.	8-ott-95	Borgo
RF	<i>triathlon</i>	Sannicolò Aurora	2005	1611 pt.	7-lug-18	Mezzolombardo
RF	<i>triathlon</i>	Matassoni Giulia	2005	1588 pt.	7-lug-18	Mezzolombardo
CF	<i>triathlon</i>	Sannicolò Aurora	2005	1585 pt.	13-apr-19	Trento
RF	<i>triathlon</i>	Massari Elisa	1986	1577 pt.	6-giu-99	Trento

**Tetrathlon**

RF	<i>tetrathlon</i>	Zenatti Matilde	2000	2572 pt.	13-ott-13	Rovereto
CF	<i>tetrathlon</i>	Spagnolli Sara	2001	2468 pt.	3-set-16	Mezzano di Primiero
CF	<i>tetrathlon i</i>	Cofler Alice	1999	2436 pt. i	2-mar-14	Ancona
RF	<i>tetrathlon</i>	Stenghel Chiara	1989	2385 pt.	8-giu-02	Borgo
RF	<i>tetrathlon</i>	Barbiero Alessia	1998	2328 pt.	15-ott-11	Rovereto
RF	<i>tetrathlon</i>	Modena Angelica	1991	2181 pt.	5-set-04	Cles
CF	<i>tetrathlon</i>	Scrinzi Federica	1990	2178 pt.	29-mag-05	Borgo
RF	<i>tetrathlon</i>	Graiff Silvia	1997	2171 pt.	29-mag-10	Tione
RF	<i>tetrathlon</i>	Baroni Chiara	1998	2105 pt.	15-ott-11	Rovereto
RF	<i>tetrathlon</i>	Cont Cumy	1996	2079 pt.	26-set-09	Trento

**Pentathlon**

CF	<i>pentathlon</i>	Galvagnini Sofia	2005	3691 pt.	20-set-20	Borgo Valsugana
CF	<i>pentathlon</i>	Zenatti Aurora	2003	2869 pt.	15-16-set-18	Trento
CF	<i>pentathlon</i>	Cofler Alice	1999	2839 pt.	27-apr-14	Lana
CF	<i>pentathlon</i>	Ciech Virginia	2004	2835 pt.	14-set-19	Cles
CF	<i>pentathlon</i>	Spagnolli Sara	2001	2822pt.	17-18-set-16	Arco
<b>AF</b>	<b><i>pentathlon i</i></b>	<b>Galvagnini Sofia</b>	<b>2005</b>	<b>2721 pt. i</b>	<b>21-feb-21</b>	<b>Padova</b>
<b>SF45</b>	<b><i>pentathlon i</i></b>	<b>Piconese Tiziana</b>	<b>1966</b>	<b>2716 pt. i</b>	<b>4-mar-11</b>	<b>Ancona</b>
CF	<i>pentathlon</i>	Cont Cumy	1996	2679 pt.	15-ott-11	Rovereto
CF	<i>pentathlon</i>	Marangoni Michela	1997	2650 pt.	20-ott-12	Rovereto
CF	<i>pentathlon</i>	Barbiero Alessia	1998	25626 pt.	20-ott-12	Rovereto

**Eptathlon**

<b>AF</b>	<b><i>eptathlon</i></b>	<b>Galvagnini Sofia</b>	<b>2005</b>	<b>3912 pt.</b>	<b>21-22-ago-21</b>	<b>Lana</b>
AF	<i>eptathlon</i>	Cofler Alice	1999	3549 pt.	23-24-apr-16	Gorizia
<b>AF</b>	<b><i>eptathlon</i></b>	<b>Ciech Virginia</b>	<b>2004</b>	<b>3110 pt.</b>	<b>21-22-ago-21</b>	<b>Lana</b>
<b>SF</b>	<b><i>eptathlon</i></b>	<b>Chiusole Veronica</b>	<b>1972</b>	<b>3003 pt.</b>	<b>_/_/1997</b>	<b>_____</b>